

Supporting the whānau of premature and unwell babies

2023 ANNUAL PERFORMANCE REPORT

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Report from the Board & CEO

Te Pūrongo a te Poari me te Kaiwhakahaere Matua

Tenã Lonton Latoa,

On behalf of the Board and the operational team, I am proud to present the 2023 annual report for the Little Miracles Trust. After a few years of navigating through a pandemic, we felt certain that 2023 was going to prove to be a different year for the Trust and this sentiment proved true thanks to Mother Nature bringing storms and floods in January and February 2023. These extraordinary events impacted whānau and units right through Aotearoa heightening the need for our services and thanks to our amazing team we were able to deliver emergency packs to neonatal units that had suffered storm damage as well as practical assistance of frozen meals and supermarket vouchers so that there was one less worry for those directly impacted.

Unfortunately for the Trust the storms had a devastating financial impact with all funding sources being instantly, and understandably, directed to storm ravaged areas and this saw us launch our first 'Emergency Funding Appeal' which thanks to the generosity and understanding of our supporters we were able to recover sufficient funds in order to deliver our frontline services throughout the year.

In spite of the rocky start to the year, we were able to significantly increase the time spent in peer-to-peer support by a staggering 41% and delivered an extra 10% of care packs to whānau with only a minimal increase in cost. Thanks to the



feedback from whānau we know that both of these services positively impact their neonatal journey. In the latter part of the year we launched our very own podcast series called 'One in Ten' to honour the one in ten babies born too soon. We felt that the 'one to many' approach of a podcast was a unique way forward to expand our resources with a limitless reach. To date the first 11 episodes that shared such a variety of journeys have proved successful with amazing feedback received and a growing online following.

On a personal note, I made the decision to move on from my role as CEO as we entered into 2023 and I worked closely with the Board to recruit my successor, Dr Sarah Rusholme, who joined the Trust in February 2024. With significant experience in the not-for-profit sector and having spent time in Wellington NICU as parent, Sarah is a wonderful addition to lead and grow the Little Miracles Trust mahi and mission. And while I have stepped aside from my day-to-day role with the Trust, my passion remains just as strong and I have been fortunate enough to be accepted as a board trustee which means that I can continue to support the change we make to 5,000 families each and every year.

Ngā mihi nui Rachel Friend



Tō Mātou Pūtake

The Little Miracles Trust is a not-for-profit charity, set up to provide support and resources to parents and whānau going through the stress and anxiety of a neonatal journey.

Our Vision

To support all whānau of premature and unwell newborn babies across Aotearoa NZ.

Our Mission

We are dedicated to making a difficult start to life that little bit easier.

Our Promise

Support for whānau in NICU and SCBU when they need it most.

We're here for a very simple reason.

To make a difficult start to life that little bit easier.

By supporting parents and whānau through a time that no one is prepared for. A newborn surround by monitors and tubes, not hugs and cuddles.

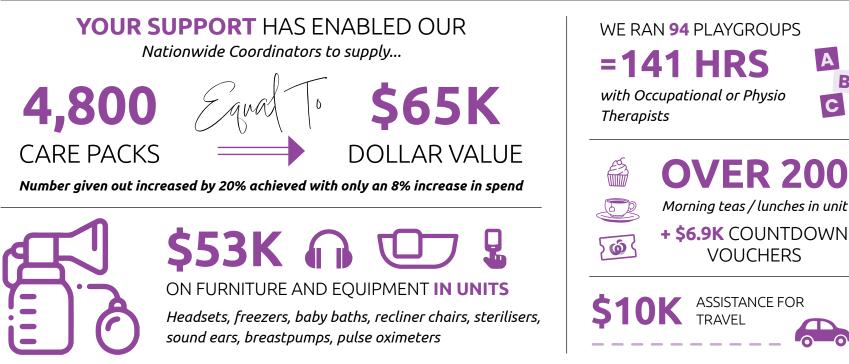
A hospital stay lasting weeks or months, not hours or days. Eyes filled with tears of sadness and worry, not tears of happiness and joy.

These are the times you need someone who knows what you're going through to tell you it's going to be alright.

Someone who can give you the kind of support and resources that will make all the difference.

Someone who can say "We're here for you".

THE LITTLE MIRACLES IMPACT



7,768 PEER SUPPORT HOURS ↑ Increased by 41%







S2.7K On research and Neonatal staff training & development

We were only able to achieve this because of the phenomenal support & sponsorship received from businesses, charitable trusts and individuals in our wonderful Aotearoa NZ community.













The Support We Provide

Te Āwhina ā Mātou

Every year approximately 10% of all babies are born premature (before 37 weeks gestation) in Aotearoa NZ.

That's one premature baby born every 90 minutes. There are also full-term babies whose condition or illness requires admission to a Neonatal Intensive Care Unit (NICU) or Special Care Baby Unit (SCBU) after they are born. In all, over 5,000 babies have a difficult to start life in Aotearoa NZ each year.



We exist to support these whanau through a journey that can be full of stress and anxiety. This help is provided in a number of different ways, all aimed at **"making a difficult start to life that little bit easier"**

Onsite Support in the Hospital

We have a number of team members who work in all six NICU units and visit the SCBU units on a regular basis. They are there for whānau to lean on during such a stressful time, with the majority of the team being ex-NICU/SCBU parents they are the perfect listening ear or shoulder to cry on. In addition to this we offer items such as breastpumps for hire and sale; prem baby clothing and nappies as well as lactation aids and lots of woollen goods handmade with love.

Care Packs

We supply around 5,000 care packs across every unit with one for to each whānau who has a baby admitted to a unit. These packs are made up of practical yet thoughtful items which will be of use during the whānau journey. We are always looking for new and useful items for our packs so if you would like to help out do get in touch on *info@littlemiraclestrust.org.nz* or if you would like to provide a pack for a whānau you can do so by setting up a regular donation at our website *www.littlemiraclestrust.org.nz*

Regular hospital lunches/morning teas

One of our most regular and popular support events is providing an opportunity for Mums and Dads with babies in the unit to meet and have a get together. This is a time to provide necessary information and support and also answer any questions. Parents can also develop support networks with other parents, which help outside of the unit. Where facilities allow, the Trust host a regular light lunch or morning tea.

"This is just a fantastic gesture by the Trust and it was a great opportunity to chill out for half an hour with other parents. We met two other couples whose babies were born around the same time as our son and we were all in the Unit for eight weeks so we got to know each other pretty well and compared notes about our respective experiences. We are now good friends with one of the couples in particular – that wouldn't have happened if we hadn't met at the weekly lunch – so we really appreciated it – thanks Little Miracles Trust!"

Unique Community Playgroups

Parents who have had a NICU or SCBU experience often need support once they return home, as returning home with a baby that was premature or sick can have demands over and above a full term healthy newborn. Plus they've gone from a busy hospital ward environment to being at home on their own.

Also parents may not have ever had the opportunity to join an antenatal group. We offer regular playgroups where parents can meet up after they have left the NICU and their babies can have a play.

They are unique as they are facilitated either by an Occupational Therapist or a Physiotherapist who is there to talk about baby's development milestones and give advice to the families.

Gifts for Special Days

We know how hard it is to be in an intensive care setting with your baby and this is felt even more on days of note such as Mother's Day, Father's Day and Christmas Day. So the team works closely with our partners to put together some thoughtful gifts for Mum, Dad or the family to be ready by baby's bedside when they visit on that special day.

Celebrating Baby's Milestones

We're all about celebrating how well a baby is doing during their time in a unit, so each family will get a set of specially designed neonatal milestone cards to help them keep a visual diary of these important days like when a baby hits the 1kilo mark or goes tube free! Plus we have a special '100 Day' certificate and bunting for those little ones who reach up to 100 days in hospital. And as each family gets to take their baby home we supply each unit with graduation certificates to give to complete and present to each family on discharge and there's a special selfie frame to capture the that magical moment.

Supporting the NICUs and SCBUs

We support the NICU and SCBU teams directly in a number of ways, for example, a good number of the chairs used for those all important kangaroo cuddles by Mum or Dad has often been supplied by us; vital training equipment such as the 'Baby Sim' simulation doll used for enhancing staff training; the privacy screens available to be able to close off a family's own part of a busy ward room; breastpumps available for use on the ward by Mum to express breastmilk for her baby; and we've helped with many refurbishments of parent rooms, kitchens and lounges.

Further Support

Our website has a wealth of information for parents to help them navigate the time that their baby is in a unit and after they've been discharged home with their little one. All of this information can <u>be found here</u>.

And as the neonatal world has a whole language of its own we've put together a <u>*Glossary*</u> to help understand these clinical terms as well as a <u>*Conversion Scale.*</u>

We send out a regular newsletter to keep our dedicated supporters up to date with news from the Trust as well anything new and interesting in the neonatal world. <u>*Connect With Us*</u> today.

Family stories are always extremely popular with new and current families to read and have information relative to their journey and to know they're not alone in this experience. <u>Do</u> <u>head to this part of our website</u> to read through these amazing and inspiring journeys.

Added to this we have active social media accounts that have a proactive group of followers from across the globe. So do find us on *Facebook, Instagram* and *LinkedIn*!

Whānau Stories

Ngā Kōrero a te Whānau

A huge thank you to these families for their kind words and for bravely sharing their story of a neonatal journey. It keeps us motivated knowing that the support we provide these whānau with when they need it most does make a difficult start to life that little bit easier.



Jaspipe

The team at Little Miracles Trust (LMT) went above and beyond to help us through the most challenging time of our lives in the NICU. Diane, Chavvah, Cath and Simone were like family to us during our daughter's 76 day stay. Our time in the NICU sometimes felt impossible for us to get through. Being unsure whether our little girl would survive or come home was constantly on our minds but the LMT team provided support and light in such a difficult time.

Our daughter Lottie was born at 29 weeks' gestation. I was recovering from a traumatic birth and an infection in the first few days of her life which meant we were heartbreakingly, not able to visit. Diane went to visit Lottie to check on her and offered to read to her while I was away. Chavvah came the very first day I was admitted to ward 98 to see how my husband and I were doing and to provide support and reassurance for the upcoming NICU journey. The welcome pack gifted to us from LMT was so special to receive. The pack brought what felt like a little celebration to a very hard day.

From then on the LMT team would always be there to chat, when things got too

hard in the NICU, which was often, every day. The LMT team would come and visit me and Lottie, or I would drop by the LMT office as a place to unwind when things felt too hard or overwhelming, as they would provide their own stories, guidance and even offer frozen meals.

The Mothers Morning Tea which the NICU mamas nicknamed "cake day" due to the delicious baked goods provided by LMT for us mamas to eat during the group discussion. I was initially too nervous and apprehensive to go, but it ended up being the most important way to feel no longer alone with other mothers going through the same difficult feelings I was going through. We would cry together, discuss experiences together, laugh hysterically and then cry again. Diane and Cath always made the group feel so welcoming whether we wanted to share or not share or just eat cake. I met some inspiring people and friends for life from those Wednesday meetings.

During Christmas time LMT provided amazing Christmas packs with wonderful little gifts for the whole family and even had a card with Lottie's footprint on it.

LMT went above and beyond to help us through...

Diane, Chavvah, Cath and Simone were like family to us during our daughter's 76 day stay.



LMT have really covered everything – you can even rent a box of preemie clothing for very cheap from LMT too.

We genuinely wouldn't have been able to get through such a difficult experience without the LMT team – they went above and beyond for us during those 75 days, they became like family to us during this time and supported us in so many ways.

We will always be thankful to Diane, Chavvah, Cath, Simone & the whole LMT team for everything they have done for us!



latasha

The Little Miracles Trust was an amazing support to me, my husband, my family and most importantly a blessing to our little girl.

Hope was born at 27+6 weeks and she was a big 622 grams. Hope was growth restricted and considered a small baby. But that never stopped her. She had a personality like no other and she was beyond special and everyone that knew her, knew it too.

Trish our Little Miracle Support person was amazing from the start and we knew that Trish was special. Me and my husband had been through some hard times since having our daughter and Trish was the right person we needed in our lives to walk this journey with us. She was like a angel watching over our little girl.

Hope got extremely sick and Trish was there every step of the way. She never left our sides and watched over all of us including our baby girl. The time came when we had to say see you later! to our beautiful amazing daughter. We wanted this to be the best of best days for our little girl and nothing was out of reach for her.

Between Hope's doctor (Maranda) and Trish they made the impossible possible for our little girl and our family. Trish was never far from us and was supportive to us and Hope's grandparents.



If it wasn't for the support of Hope's doctor (Maranda), the nurses and Trish we would have never experienced what it would be like to take her for a walk, to go outside, to dress her up and make her day the bestest day ever! We will never forget this day and the support we received from start to see ya later baby girl. Our hearts broken a million times that day and we are so thankful to have people like Trish and the Little Miracles Trust to help the NICU parents, as nothing could ever prepare you for the struggles one can have through this journey. So thank you Trish, you are truly one in a million.













Fundraiser Profile

Kōtaha Kaiāwhina

Here at the Little Miracles Trust, we rely so much on people who have experienced our support first-hand fundraising for us and "giving back" for the love and care they received during their neonatal journey. Here are just a few of the fantastic humans who supported us in 2023...



Cross-fit Central Wellington

We are a small CrossFit community driven CrossFit gym on the edge of the City down Taranaki St, we are over 200 members strong and have a history of fundraising for the community raising over \$60,000 in the past decade for multiple causes that are close to our members hearts.

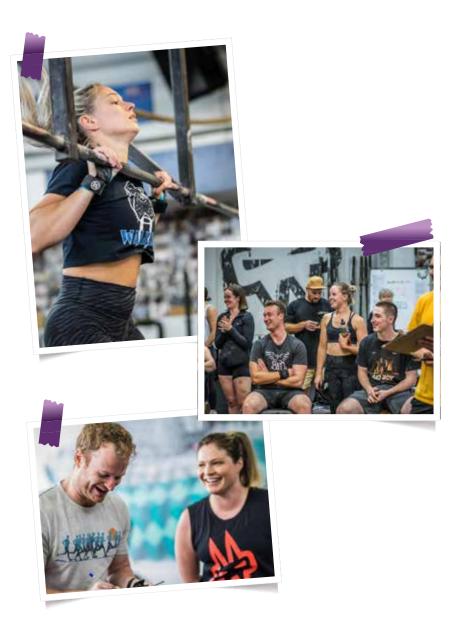
Now if you don't know CrossFit it is a style of training that is constantly varied mostly functional movements preformed at a high intensity. CrossFit looks to develop a broad athlete that is effective across a large range of modalities. This training is for everyone with everything we do being scalable and therefore suitable to any level of athlete, young and old. But the best thing however about CrossFit is the natural comraderies and community that evolves from being apart of it. This sense of comradery is what brings us all together to be able to raise money and give back to our wider community.

In November 2023 we decided to reboot our 24 hour fundraiser which had lay dormant for a couple of years. At the start of each fundraiser we ask the members of the gym to nominate charities they think are a good fit for us then everyone votes on the nominations, at the end of this Little Miracles Trust was chosen.

So, on December 15th at 11am we began our 24 hour workout! We took it in hour long shifts, working in teams of 2, 3 or 4 and tried to complete as many CrossFit 'Girls' (universal benchmark workouts created by CrossFit HQ known for their physical toughness) as possible. A team would come in, draw out of a hat the 'Girl' they would be completing and get stuck in for an hour. At 11am on December 16th after working all through the night we managed to complete 150 'Girls', 33,749 reps and raised a staggering **\$7000 for Little Miracles Trust**.

This is some of proudest work at CrossFit Central Wellington and what makes the gym special for so many. We would like to thank all the local businesses that supported this event, everyone that donated to the cause and also everyone that helped make it happen.

Brian Sciascia



Alexandra and Bastion

In 2022 our twins were born very premature at 25 weeks, our boy Bastion was with us for a day before he passed away in NICU. Our little girl Alexandra (Lexi) is now a bubbly 2 year old going from strength to strength. Little Miracles Trust was hugely supportive of Haylea, our older boy Grayson & I during our close to 4 month stay in NICU with Lexi.

I decided to run the Rotorua Marathon with a goal of fundraising \$100 for each km, totalling \$4,200. I felt like this was a way I could give something back to the Little Miracles Trust for all the support we received and to help the Trust support another family in NICU. We managed to raise \$5,800 in the end with some very generous donations from a lot of people. Grayson even helped me stumble over the finish line! The best part came after the race when we had a cake to celebrate Lexi's first birthday.

My family and I will always be grateful for the work Little Miracles does; I was very glad to be able to contribute in a small way.

Matt

















Our Funders & Supporters

Ō Mātou Kaitautoko

It is only because of the amazing support we receive from our donors, sponsors, grant providers and supporters that we are able to support the whānau of Aotearoa NZ's premature and unwell babies. Ngā mihi maioha.



Major National Sponsors, Donors and Grant Providers

The Little Miracles Trust is thankful to have the following amazing partners, sponsors and grant providers who support us nationally.

- NZX \$48,604
- One Percent Collective \$47,720
- COGS \$27,690
- NZ Lottery Grant \$25,000
- Hugh Green Foundation \$25,000
- Aotearoa Gaming Trust \$20,000
- The Trusts Community Fund \$19,000
- Matt Solutions \$10,000
- Four Winds \$10,000
- Dorothy Newman Grant Grant for cooler bags \$6,530
- Kimberly Clerk \$5,000
- Fonterra \$5,000
- Downer NZ \$5,000
- Scentre NZ \$5,000
- The Good Registry \$4,502
- Waikato Lyceum \$4,000
- Medical Assurance Society \$3,916
- St Lazarus Trust \$3,877
- Precision Group \$3,000
- Oceanbridge Shipping Ltd \$3,000
- Nikau Foundation \$3,000
- The Rotary Club of Henderson \$2,950
- KPMG KPMG Wtn donation \$2,375
- Bendigo Valley \$1,500
- Flight Centre \$1,000



Other National or Multi-Branch Sponsors, Donors and Grants Include:

- Eddie Conlon \$9,957
- Sir Richard & Lady Tania Taylor \$5,130
- TKL Logisitics \$5,000
- Hughes Family \$3,846
- Sally Cousins \$3,078
- Derek Green \$3,000
- M Brown \$3,000
- Olivia Trilford \$2,753
- Anna Haselden \$2,503
- Premmie Knitting Club \$1,918
- Sacred Heart College \$2,067
- Fiona Pye \$1,500
- Hynds Foundation \$1,500
- Teachertalk Limited \$1,411
- Adam Bowman \$1,026
- Andrew Hugill \$1,026
- Cam Whiting \$1,026
- Jenna Pepper \$1,026
- Kimberly-Clark New Zealand WPD Biscuits \$1,025
- Allan and Heather McNaughton \$1,000
- Andrews' Op Shot Waiuku \$1,000
- Andrew Waugh \$1,000
- Candidex Limited \$1,000
- Crest Trustees \$1,000
- Ellen Saturley \$1,000
- Paul Rosser \$1,000
- King Family Trust \$1,000
- Whakatupu Aotearoa \$1,000

We would also like to acknowledge the **donations from Individuals** which in 2023 totalled...

\$123,692 | Trank

Volunteer Profile

Kōtaha Kaiāwhina

Volunteers are an extremely important part of our team and are vital for the continued support of neonatal families. We help match valuable skills, interests and availability with one of our opportunities to support others. All contributions, big or small, are welcomed and appreciated!





My name is Jess and I have been volunteering for the little miracles trust for the last year. I had my beautiful identical twin boys Archie (1570g) and Luca (1350g) at 30 weeks in Jan 2022. It was during the ensuing 10 weeks that I became aware of the trust and the invaluable support they were able to provide.

COVID was still everywhere so we couldn't interact with any other parents in the ward. Instead I was often comforted by reading the personal stories on the trusts website as my husband and I spent countless hours by our twins incubators.

I wanted to give back to the trust and the amazing staff who helped care for our babies during their hospital stay and when I heard the callout for volunteers for our local SCBU, I jumped at the opportunity. Every fortnight, I bring homemade baking in for afternoon tea and stay to chat and provide support to new parents of neonates.

The heart of a volunteer is never measured in size, but by the depth of the commitment to make a difference in the lives of others

DeAnn Hollis

66 So one decision to volunteer in a small way has resulted in my whānau doing something together

... for the benefit of some of the most vulnerable members of our community.



Sandra

After surfing through possible options on the web where I could volunteer my time, I came across what is now called Little Miracles. I sent in my expression of interest and before I knew it Justine was quick to connect and meet up. Ten years later I am still part of the Little Miracles team.

Packing up the take home bags for the Little Miracles whānau has been a real joy. It is something I can do around a full-time job and mothering two boys now young men. It seems as though my family has grown up with Little Miracles. Firstly, my boys used to help me pack up the bags; then as they grew older they would help carry things to the car and then into the neonatal unit; the next stage was driving lessons to the hospital. My husband, Geoff, has also helped out in all the various stages as well.

So one decision to volunteer in a small way has resulted in my whānau doing something together for the benefit of some of the most vulnerable members of our community.

My thanks to you all, Little Miracles.





Poari Matua

The Little Miracles Trust is governed by a volunteer Board of Trustees who meet a minimum of 4 times per year. The members of our governing body, in the year to 31 December 2023 were:



Mike Hartley

👗 Board Chair - Kaihautū Poari

Mike Hartley is an experienced governance professional having been a director of diverse companies since the 1990s. Since selling his business 6 years ago Mike has increasingly focused his portfolio of directorships in the not-for-profit sector. Mike has been a director of Visa, Loyalty New Zealand, Marketview, Cigna Insurance and currently sits on several boards including the Hurricances and Wellington Rugby.



Sandra Budd Trustee Māngai

Sandra's passion for neonates was ignited when she specialised in neonatal nursing and went on to lead National Women's Neonatal and Maternity Services. Her belief that parents must be involved in their babies care saw the establishment of a family centered care model, parent to parent support group and Neonatal Homecare Service. With over 30 years Australasian senior management/chief executive experience in health, disability and not for profit's Sandra brings considerable governance experience on Boards, Trusts and Advisory.



Steve Allan ***** Trustee & Treasurer Māngai / Kaitiaki Pūtea

Steve is an experienced business executive having worked in key commercial finance roles in media, technology and renewables sectors in Aotearoa NZ, Singapore, the UK and North America. Steve's eldest daughter was born premature at 27 weeks along with her twin brother who succumbed to complications of prematurity at 5 months. Having experienced the turmoil that families with premature babies find themselves in, Steve is passionate about supporting the ongoing impact that the Little Miracles Trust has on these families.



Robyn Voigt & Finance Manager & Executive Director Kaiwhakahaere Pūtea / Kaitohu

Robyn brings over 15 years of invaluable experience as a Chartered Accountant and business coach to our board. In her current role, she empowers business owners to shape and achieve their ideal enterprises. Robyn's expertise in financial management is further demonstrated through her dedication as the Finance Manager for the Little Miracles Trust, an organisation close to her heart. Having experienced firsthand the extraordinary support from the Trust when her eldest son was born prematurely at 28 weeks.

66 Volunteering is the ultimate expression of community spirit Colin Powell



Dale is the Nurse Unit Manager at Starship Newborn Intensive Care Unit where she experiences every day the impact on families when their baby requires intensive care. In this role she works with the Little Miracles Trust advocating for ways to support families. Dale has been a neonatal nurse since 1991 and over this period developed a strong interest in neuroprotective practices to support growing preterm babies in the Neonatal Intensive care setting.



Ellie Wilson is a Taranaki-based lawyer with a particular interest in health and medico-legal issues. Ellie is the parent of a SCBU graduate (32 weeks) and has first hand experience of the difficulties and triumphs that come from life in a neonatal unit, and beyond. She is passionate about continuing the Trust's work of assisting those who now walk this path after her.

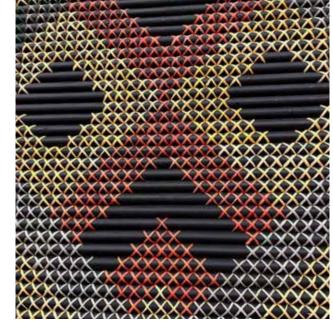


Nicola is an experienced executive who is passionate about ensuring the health sector is informed by and responsive to the communities who access it. She is an experienced senior executive leading Strategy, People, Operations and Comms functions across private, public and NGO sectors. Currently she is the Chief Executive for the Southern Cancer Society and the Southern Cancer Research & Innovation Trust. Nicola also holds several governance roles as Chair, Trustee, Investor and Advisor. Nicola and her family have personal experience of being parents to a premature baby (29 weeks) and understand well the impact that this experience has on families.



Piyush is an experienced finance and management service professional with a passion for helping businesses succeed. Piyush graduated with a MBA from Auckland University of Technology in 2012, majoring in management and marketing. He has a wealth of experience in the finance and insurance industry and is well connected to the accounting and professional services industry professionals. In his current role, Piyush is responsible for leading the strategy and execution of all business development activities across Aotearoa NZ for the PwC Tax Pooling Business.















Tīma Mahi

Light on paid staff but heavy on volunteer commitment and resources, we strive to find the right balance to maximise the support to families and their precious babies.



Rachel Friend

& CFO - Kaiwhakahaere Matua

Mum to Reuben born at 24 weeks, Rachel has been a part of the Little Miracles Trust team since 2016. As part of her role at the Trust, Rachel advocates for NICU & SCBU families on a number of panels as a consumer representative and has worked tirelessly to raise awareness about prematurity and the support needed for families.



Justine Brooker ♣ Operations Manager Kaiwhakahaere Mahi

All four of Justine's boys were born early. This has fed Justine's motivation to help others in similar situations. Her passion for the Little Miracles Trust truly developed after the early arrival of her youngest son Harlow, who was born at 24 weeks.

25 weeks

♥ Middlemore



Samantha Bennett

♣ Fundraising Manager Kaiwhakahaere Kohi Moni

Sam is mum to Ava. born at 34 weeks. Being able to use her marketing and fundraising experience to help families going through the rollercoaster of a neonatal journey was the key reason Sam joined the Little Miracles Trust team.

• Dunedin



Robyn Voigt

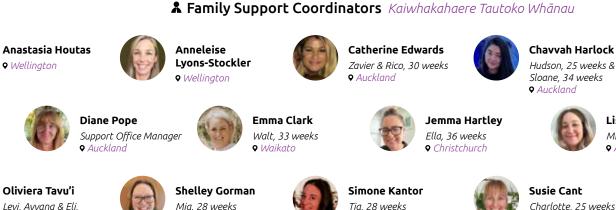
& Finance Manager & Executive Director Kaiwhakahaere Pūtea / Kaitohu

Robyn has been a Chartered Accountant for more than 10 years and is passionate about supporting the Little Miracles Trust as they provided excellent support following the birth of her first child, Sebastian born at 28 weeks.



Jadey Drury ♣ Service Delivery Manager Poutaki Hora Ratonga

Jadey received so much support from The Little Miracles Trust when she was a long way from home after having Frankie, born at 28 weeks. She has so much passion to support families in the unit during their journeys and afterwards.



Auckland

Chris Smith Max. 31 weeks & Jack. 35 weeks • Wellington

Lisa Mackenzie Millie, 26 weeks • Auckland

• Christchurch



Ella & Abi. 29 weeks

27

Map of NICUs & SCBUs

Each year, over 5000 babies are cared for in Neonatal Units across Aotearoa NZ



WHANGAREI SCBU

270 babies cared for p.a. Level 2 neonatal unit

NORTH SHORE SCBU

350 babies cared for p.a. Level 2 neonatal unit

WAITAKERE SCBU

350 babies cared for p.a. Level 2 neonatal unit

TAURANGA SCBU

400 babies cared for p.a. Level 2 neonatal unit

ROTORUA SCBU

270 babies cared for p.a. Level 2 neonatal unit

WHAKATANE SCBU

100 babies cared for p.a. Level 2 neonatal unit

GISBORNE SCBU

180 babies cared for p.a. Level 2 neonatal unit















Approval of Performance Report

The Little Miracles Trust For the year ending December 2023.

The Board of Trustees are pleased to present the approved Performance Report including the historical Performance Report of the Little Miracles Trust for the year ending December 2023.

The Trustees are solely responsible for the information contained in this financial report and have determined that the accounting policies used are appropriate for the purpose that the Performance Report is prepared.

Mike Hartley Chair of the Board

31st December 2023

5Am

Steve Allan Treasurer

31st December 2023

Entity Information

'Who are we?' and 'Why do we exist?'

The Little Miracles Trust - For the year ended 31 December 2023

Legal Name of Entity

The Little Miracles Trust (formally The Neonatal Trust).

Entity Type and Legal Basis

Trust and Registered Charity

Registration Number

CC56619

Entity's Purpose or Mission

The Little Miracles Trust exists to make a difficult start to life that little bit easier for families of premature and or sick full-term babies as they make their way through neonatal care, the transition home, and onwards.

Entity Structure

The Little Miracles Trust is a registered charity in New Zealand (CC56619).

The Trust is governed by a board of trustees who meet and communicate face-to-face, over email and through the appropriate use of technology (phone-conferencing and video-conferencing).

The Trustees for the 2023 financial year were Mike Hartley (Chair), Sandra Budd (Deputy Chair), Nicola Coom, Robyn Voigt, Piyush Makan, Steven Allan, Dale Garton and Ellen Benton. Karen Olver, and Danielle Thompson stepped down as trustees in February 2023 and Acacia Cochise in May 2023.

The day-to-day running of the Trust is led by Rachel Friend as CEO, alongside our Operations Manager, Finance Manager, Service Delivery Manager, Fundraising Manager and a team of Family Support Co-ordinators spread throughout Aotearoa.

All of these roles are part-time with broad and collective responsibilities. These roles cover all aspects of our operation: governance, strategy, financial management, marketing, events, fundraising, volunteer management, developing support material, and more.

We are proud to have a model that is light on paid staff and heavy on volunteer commitment and support. The expert advice, skills and experience provided by our trustees, volunteers and supporters make a big contribution to keeping our operating costs down and helping us to better support neonatal families.

Our key volunteers help with some administrative mahi, morning teas, knitting and care pack preparation, which helps us enormously and raises awareness.

In addition to this, we receive wonderful support from a number of very generous organisations.

Main Sources of the Entity's Cash and Resources

The Little Miracles Trust receives it's funding from a variety of different sources, including donations from the public and companies, fundraising events that we run ourselves plus those where we are the cause being supported and through grant applications.

The Trust does not receive any funding from the government.

Main methods used by the Entity to Raise Funds

See pages 18-19 for a full list of supporters.

The Little Miracles Trust receives its funding from a number of different sources such as:

- We have been the successful applicants and recipients of grants from organisations such as COGS, NZ Lottery Grant, Hugh Green Foundation, Aotearoa Gaming Trust, The Trusts Community Fund, Four Winds, Dorothy Newman Grant, St Lazarus Trust, Nikau Foundation, The Rotary Club of Henderson and Bendigo Valley.
- Our unique incubator donation boxes which are hosted at a variety of locations such as New World stores, Pak'n'Save, shopping malls, airports and other businesses.
- Direct donations from individuals as well as through the amazing One Percent Collective and The Good Registry.
- Additionally a number of amazing organisations who value the work of the Trust such as NZX, Matt Solutions, Kimberly Clerk, Fonterra, Downer NZ, Sceptre NZ, Waikato Lyceum, Medical Assurance Society, Precision Group, Oceanbridge Shipping Ltd, KPMG, Flight Centre, HELL Pizza, Weta Workshop, Baby Factory, Mojo Coffee, NZ Post, Gilmours, Bear & Moo and TKL Logistics who have made significant donations during 2023.
- There is a revenue stream from the sale and hire of goods via the offices based in the Auckland and Wellington NICUs as well as an online shop which falls under this entity.

Entity's Reliance on Volunteers and Donated Goods or Services

Donated goods and services play a vital role in the delivery of our support.

Our key volunteers help with admin support and writing/designing for our website, newsletters and social media, which helps us raise awareness. These expert volunteers ensure we can run at a professional level without having the costs of extra team members or contractors.

We also receive ongoing generous *pro-bono* support for:

- Legal services from Minter Ellison Rudd Watts & Bell Gully
- Information technology services from Matt Renner
- Printing and storage services from Orangebox

Additional Information

There are over 5,000 premature babies born every year in Aotearoa New Zealand - one baby EVERY 90 minutes!

The Little Miracles Trust is a charitable trust and relies heavily on cash sponsorship, value-in-kind support and donations to deliver our much-needed services.

We thank all of our incredible Partners and Supporters for their ongoing and generous assistance. Without their help, we could not provide our support to families of premature or sick full-term babies as they make their journey through neonatal care, the transition home, and onwards.

The wider neonatal community is large and is made up of individuals who are all consumers and in many cases business owners or in charge of purchasing decisions. Where possible, it would be great if you could consider supporting the great organisations who support us.

Postal Address

Ward 92 NICU, Auckland City Hospital, Park Road, Grafton, Auckland 1023.



Statement of Financial Performance

'How was it funded?' and 'What did it cost?'

The Little Miracles Trust - For the year ended 31 December 2023

Account	Notes	2023	2022
	\$	\$	
Revenue			
Donations, fundraising and other similar revenue	1	368,030	409,442
Receipts from providing goods or services	1	312,148	453,772
Interest, dividends and other investment revenue		7,112	1,790
Other revenue	1	834	4,110
Total Revenue		688,123	869,115
Expenses			
Expenses related to public fundraising	2	17,676	107,381
Volunteer and employee related costs	2	441,439	418,836
Costs related to providing goods or service	2	248,655	334,265
Grants and donations made	2	3,723	24,854
Other expenses	2	47,261	77,708
Total Expenses		758,753	963,043
Deficit for the Year		(70,630)	(93,928)

Statement of Financial Position

'What the entity owns?' and 'What the entity owes?' The Little Miracles Trust - As at 31 December 2023

Account	Notes	2023	2022
		\$	\$
Assets			
Current Assets			
Bank accounts and cash		339,304	370,238
Debtors and prepayments	3	5,086	37,359
Inventory		32,077	34,872
Other Current Assets	3	3,525	4,263
Total Current Assets		379,992	446,732
Non-Current Assets			
Property, Plant and Equipment	5	8,782	12,698
Total Non-Current Assets		8,782	12,698
Total Assets		388,774	459,430
Liabilities			
Current Liabilities			
Creditors and accrued expenses	4	19,231	19,930
Employee costs payable	4	26,349	35,176
Income in Advance		70,577	60,375
Other current liabilities	4	3,118	3,820
Total Current Liabilities		119,276	119,302
Total Assets less Total Liabilities (Net Assets)		269,499	340,128
Accumulated Funds			
Accumulated funds	6	269,499	340,128
Total Accumulated Funds		269,499	340,128

This statement should be read in conjunction with the attached Independent Review Report and notes to the performance report.

Statement of Cash Flows

'How the entity has received and used cash'

The Little Miracles Trust - For the year ended 31 December 2023

Account	2023	2022
	\$	\$
Cash Flows from Operating Activities		
Donations, fundraising and other similar receipts	378,232	394,843
Receipts from providing goods or services	347,216	428,899
Interest, dividends and other investment receipts	7,112	1,790
Cash receipts from other operating activities	834	4,110
GST	738	(1,046)
Payments to suppliers and employees	(717,296)	(873,496)
Donations or grants paid	(3,723)	(24,854)
Cash flows from other operating activities	(40,958)	(65,639)
Total Cash Flows from Operating Activities	(27,845)	(135,392)
Cash Flows from Investing and Financing Activities		
Payments to acquire property, plant and equipment	(3,090)	(3,092)
Total Cash Flows from Investing and Financing Activities	(3,090)	(3,092)
Net Decrease in Cash	(30,935)	(138,484)
Bank Accounts and Cash		
Opening cash	370,238	508,722
Closing cash	339,304	370,238
Net change in cash for period	(30,934)	(138,484)

Depreciation Schedule

The Little Miracles Trust - *For the year ended 31 December 2023*

Account	Cost	Opening Value	Purchases	Disposals	Depreciation	Closing Value
					\$	\$
Office equipment and website						
Donation Terminal	630.40	98.50	-	-	49.25	49.25
IPad	494.27	263.40	-	-	71.12	192.28
Monitor, docking station, keyboard and mouse for Sam	514.09	462.68	-	-	185.07	277.61
Printer - Waikato	161.73	80.86	-	-	32.34	48.52
Website	11,807.50	2,828.88	-	-	1,414.44	1,414.44
Total Office equipment and website	13,607.99	3,734.32	-	-	1,752.22	1,982.10
Plant and equipment						
90999112 - Pump Purchase	2,239.00	895.60	-	-	671.70	223.90
91006814 - Pump Purchase	3,134.00	1,253.60	-	-	940.20	313.40
Calypso Hire Pumps	3,089.04	-	3,089.04	-	695.03	2,394.01
Fisher and Paykel - Rental Pump	918.51	348.80	-	-	104.64	244.16
Fisher and Paykel Feeding Equipment	1,841.95	1,002.02	-	-	200.40	801.62
Little Miracles Trust Fabric Banners	1,605.00	1,524.75	-	-	182.97	1,341.78
Little Miracles Trust Flying Banners	972.00	962.28	-	-	115.47	846.81
Pump purchase x 3	4,478.00	1,567.30	-	-	1,343.40	223.90
Rimu Boxes	760.87	-	-	-	-	-
Symphony breast pump	2,820.60	493.60	-	-	493.60	-
Symphony breast pump	1,880.40	329.07	-	-	329.07	-
Symphony Breast Pumps (8)	775.60	294.53	-	-	88.36	206.17
Symphony Pump and Case	770.61	292.63	-	-	87.79	204.84
Symphony pumps and cases and Medel Lactina Select x 2	5,259.80	-	-	-	-	-
Symphony pumps and cases and Medel Lactina Select x 5	24,815.35	-	-	-	-	-
Symphony pumps and cases x2	24,948.80	-	-	-	-	-
Symphony pumps and cases x2	6,255.68	-	-	-	-	-
Symphony Standard Breastpump	2,895.00	-	-	-	-	-
Total Plant and equipment	89,460.21	8,964.18	3,089.04	-	5,252.63	6,800.59
Totals	103,068.20	12,698.50	3,089.04	-	7,004.85	8,782.69

Statement of Accounting Policies

'How did we do our accounting?'

The Little Miracles Trust - For the year ended 31 December 2023

Reporting Entity

The reporting entity consists of The Little Miracles Trust ("Trust"). The Trust registered as a Charitable trust under the Charitable Trusts Act 2005 on 24 April 2019.

Basis of Preparation

The Little Miracles Trust has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses of equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting.

The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

Revenue

Fundraising, grants and donations are accounted for depending on whether or not a "use or return" condition is attached to those grants.

Where no use or return conditions are attached, the revenue is recorded as income when the cash is received. Where income includes a use or return condition, it is initially recorded as a liability on receipt. The income is then subsequently recognised within the Statement of Financial Performance as the performance conditions are met.

Bank Accounts and Cash

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 90 days or less.

Goods and Services Tax (GST)

The entitive is registered for GST. All amounts are shown exclusive of Goods & Services Tax (GST), except for accounts receivable and accounts payable which are shown inclusive of GST.

Fixed Assets

Fixed assets are recorded at cost less accumulated depreciation and impairment losses. Depreciation of fixed assets is calculated to write off the cost price of the assets at rates calculated to reduce net book value of the asset to its estimated residual value by the end of probable life.

Depreciation

Depreciation is charged to the income statement at the same rate as allowed by the Income Tax Act 2007.

The following rates have been used: Office equipment 40-50% diminishing value Plant and equipment 30% straight line & 12-30% diminishing value

Receivables

Receivables are stated at estimated realisable value. Bad debts are written off during the period in which they are identified.

Income Tax

The Little Miracles Trust has been approved as a charitable trust that qualifies for a tax exemption and donee status under Section CW 42 of the Income Tax Act 2007. Tax receivable balances are recognised when there is resident withholding tax due to be refunded.

Changes in Accounting Policies

There have been no changes in accounting policies. Policies have been applied on a consistent basis with those of the previous reporting period.

Contingent liabilities

There are no contingent liabilities at balance date. (2022: nil)

Notes to the Performance Report

The Little Miracles Trust

For the year ended 31 December 2023

Account	2023	2022
	\$	\$
1. Analysis of Revenue		
Fundraising Revenue		
Donations received - Payroll giving	2,194	1,314
Donations received - Individual or corporate donations	281,962	320,904
Grant funding received - Restricted funds	42,530	35,777
Fundraising - Income	41,344	51,447
Total Fundraising Revenue	368,030	409,442
Revenue from Providing Goods or Services		
Revenue from providing goods or services - Restricted funds	89,023	196,488
Breast pump hire - Income	42,945	51,239
Breastfeeding equipment - Sales	91,546	98,359
Clothing - Sales	32,482	40,510
Donated goods - Sales	39,385	43,553
Other hireage - Income	896	670
Publications - Sales	1,211	5,877
Sundry merchandise - Sales	14,660	17,076
Total Revenue from Providing Goods or Services	312,148	453,772
Other Revenue		
Other income - COVID-19 wage subsidy	834	4,110
Total Other Revenue	834	4,110

Account	2023	2022
	\$	\$
2. Analysis of Expenses		
Expenses Related to Public Fundraising		
Advertising	1,615	21,444
Fundraising Expenses	7,130	6,075
Marketing Communications	8,930	79,862
Total Expenses Related to Public Fundraising	17,676	107,381
Volunteer and Employee Related Costs		
ACC	893	854
Management Fees and Expenses	2,259	6,730
Staff Professional Development	1,229	374
Staff Travel and Parking	10,005	11,701
Wages	426,043	399,178
Contract - Peer Support	1,010	0
Total Volunteer and Employee Related Costs	441,439	418,836
Costs Related to Providing Goods or Services		
Cost of sales	72,246	104,540
Breastpump hire - rental costs	2,313	16,417
Providing furniture for families in NICU	16,588	37,766
Providing neonatal equipment for NICU	36,852	40,562
Supporting families to care for their babies or children	120,656	134,979
Total Costs Related to Providing Goods or Services	248,655	334,265

Account	2023	2022
	\$	\$
Grants and Donations Made		
Supporting neonatal research & development	2,752	15,000
Supporting neonatal staff - professional development	970	9,854
Total Grants and Donations Made	3,723	24,854
Other Expenses		
Audit Fees	4,000	0
Bank Fees	4,206	4,013
Board Expenses	0	3,509
Depreciation	7,005	8,237
EFTPOS expenses	2,161	2,342
General expenses	5,658	3,847
Information systems - IT infrastructure	7,575	13,854
Loss on disposal of assets	0	4,380
Postage and freight	4,925	9,815
Printing and stationery	6,437	23,265
Storage	5,295	4,446
Total Other Expenses	47,262	77,708

Account	2023	2022
	\$	\$
3. Analysis of Assets		
Debtors and Prepayments		
Debtors	592	33,252
Prepayments	4,494	4,107
Total Debtors and Prepayments	5,086	37,359
Other Current Assets		
GST	3,525	4,263
Total Other Current Assets	3,525	4,263
4. Analysis of Liabilities		
Creditors and Accrued Expenses		
Accounts Payable	19,231	19,930
Total Creditors and Accrued Expenses	19,231	19,930
Employee Costs Payable		
Accrued Leave Liability	26,349	35,176
Total Employee Costs Payable	26,349	35,176
Other Current Liabilities		
Bonds Held - Hire Equipment	2,950	3,648
Unit Funds Held in Trust	168	168
Total Other Current Liabilities	3,118	3,816

Account	2023	2022
	\$	\$
5. Property, Plant and Equipment		
Office Equipment and Website		
Office equipment and website owned	13,608	13,608
Accumulated depreciation - office equipment and website owned	(11,626)	(9,874)
Total Office Equipment and Website	1,982	3,734
Plant and Equipment		
Plant and machinery owned	89,460	86,371
Accumulated depreciation - plant and machinery owned	(82,660)	(77,407)
Total Plant and Equipment	6,800	8,964
Total Property, Plant and Equipment	8,782	12,698
Refer to the supplementary schedule at the back of this report for further information on property, plant and equipment.		
6. Accumulated Funds		
Accumulated Funds		
Opening Balance	340,130	434,058
Surplus/(deficit) for the year	(70,630)	(93,928)
Total Accumulated Funds	269,500	340,130

7. Commitments

There are no commitments as at 31 December 2023 (2022: nil).

8. Related Parties

The Trustees have not received any amounts from the Trust (2022: nil).

9. Events After the Balance Date

There are no events that have occurred after the balance date that would have a material impact on the Performance Report. (2022: Nil)

10. Ability to Continue Operating

The entity will continue to operate for the foreseeable future.

The Trust continues to adopt the going concern basis in preparing its financial statements.

The Little Miracles Trust aims to hold the equivalent of six months average budgeted operating expenses plus a 10% buffer as cash reserves in the bank. These cash reserves have been purposely accumulated to provide a safety buffer for future service costs related to the paid roles within the charity and other operating costs.

Statement of Service Performance

'What did we do?' and 'When did we do it?'

The Little Miracles Trust - For the year ended 31 December 2023

Description of Entity's Outcomes

The Little Miracles Trust has three objectives:

- 1. Supporting parents by helping them in whatever way we can to get through what is usually a very traumatic time, which includes providing practical or emotional help.
- 2. Assist the NICUs & SCBUs in practical ways such as purchasing or contributing to the cost of equipment and furniture and funding for staff to attend neonatal educational seminars or other professional development
- 3. Aid neonatal-related medical research.

Our support is provided to neonatal families in a range of different ways to reduce their stress and enhance outcomes for their babies. This included the delivery of Support and 'Pick-me-up' packs, sourcing and sharing of personal stories, development of support resources, and delivery of equipment for the neonatal units. In addition, we have helped to advance neonatal research through the sourcing of research participants and direct funding of research programs.

The last 12 months for the Trust has seen a real need for our support and reach due to families being separated from their babies during lockdowns, making an already difficult time even more stressful. We diversified our offering to be available online support 24/7 and have necessary equipment delivered direct to families at home.

Account	2023	2022
	\$	\$
Description and Quantification of the Entity's Outputs		
Care packs delivered to families - whole or in conjunction with others	3,500	3,500
Mother's Day 'Pick-me-up' packs provided	475	450
Father's Day 'Pick-me-up' packs provided	475	450
Neonatal Secret Santa 'Pick-me-up' packs	475	450

Additional Output Measures

While the numbers presented in this return afford a guide, it is important to note the nature of our operation means that context to provide additional insight is useful.

We are an organisation light on paid staff and heavy on volunteer commitment and energy.

The cost of our staff, and others on short term contracts (as required), and the necessary services and tools (storage, IT, courier costs, etc) enable a great deal of support. However, apart from the cost, much of the support activity is not captured in the financial accounts because we are able to source donated items and services as 'value in kind'.





INDEPENDENT ASSURANCE PRACTITIONER'S REVIEW REPORT

To the Trustees of The Little Miracles Trust

We have reviewed the accompanying performance report of The Little Miracles Trust , which comprises the entity information and statement of financial position as at 31 December 2023, and the statement of service performance, statement of financial performance and statement of cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Trustees' Responsibility for the Performance Report

The Trustees are responsible on behalf of the entity for;

- a) Identifying outcomes and outputs, and quantifying the outputs to the extent practicable, that are relevant, reliable, comparable, and understandable, to report in the statement of service performance;
- b) The preparation and fair presentation of the performance report which comprises:
 - The entity information
 - The statement of service performance; and
 - The statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report

in accordance with Public Benefit Entity Simple Format Reporting — Accrual (Not-For-Profit) issued in New Zealand by the New Zealand Accounting Standards Board, and;

c) For such internal control as the Trustees determine is necessary to enable the preparation of the performance report that is free from material misstatement, whether due to fraud or error.

Assurance Practitioner's Responsibility

Our responsibility is to express a conclusion on the performance report. We conducted our review of the statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report in accordance with International Standard on Review Engagements (New Zealand) (ISRE (NZ)) 2400 (Revised), *Review of Historical Financial Statements Performed by an Assurance Practitioner who is not the Auditor of the Entity*, and the review of the entity information and the statement of service performance in accordance with the International Standard on Assurance Engagements (New Zealand) (ISAE (NZ) 3000 (Revised). Those standards require us to conclude whether anything has come to our attention that causes us to believe that the performance report, taken as a whole, is not prepared in all material respects in accordance with the Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) reporting framework. Those standards also require us to comply with relevant ethical requirements.

A review of financial statements in accordance with ISRE (NZ) 2400 (Revised) and ISAE (NZ) 3000 (Revised) is a limited assurance engagement. We will perform procedures, primarily consisting of making enquiries of management and others within the entity, as appropriate, and applying analytical procedures, and evaluates the evidence obtained. The procedures selected depend on our judgement, including the areas identified where a material misstatement is likely to arise and includes performing procedures to obtain evidence and evaluating whether the reported outcomes and outputs, and quantification of the outputs to the extent practicable, are relevant, reliable, comparable and understandable.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with International Standards on Auditing (New Zealand) and ISAE (NZ) 3000 (Revised). Accordingly, we do not express an audit opinion on the performance report.

Other than in our capacity as assurance practitioner we have no relationship with, or interests in, The Little Miracles Trust.

Other Matter

This is the first year performance report of the Little Miracles Trust has been reviewed. The performance report includes corresponding figures for the prior year. These corresponding figures are unreviewed.

Basis for Qualified Conclusion

There were no suitable systems in place during the period to enable the accurate recording of the following outputs identified in the Statement of Service Performance, in accordance with Public Benefit Entity Standards.

- Number of support packs delivered to families
- Number of Mother's Day 'Pick me up' packs provided
- Number of Father's Day 'Pick-me-up' packs provided
- Number of Secret Santa 'Pick-me-up' pack

Because of these limitations, we have been unable to obtain sufficient appropriate evidence to support the reporting of outputs for the current year and comparative year. Consequently, we are unable to determine whether any adjustments to these amounts, which have been estimated by the Trust, are necessary.

Qualified Conclusion

Based on our review, except for the effect of the matter described in the Basis for Qualified Conclusion section of our report, nothing has come to our attention that causes us to believe that the performance report does not present fairly, in all material respects,

- The financial position of The Little Miracles Trust as at 31 December 2023, and its financial performance and cash flows for the year then ended; and
- The entity information and its service performance for the year then ended;

in accordance with Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit).

PKF Goldsmith Fox Audit.

PKF Goldsmith Fox Audit Limited

Christchurch, New Zealand

25 June 2024

Directory

Papatohu

Legal Name of Entity

The Little Miracles Trust

Entity Type and Legal Basis

The Little Miracles Trust is a Charitable Trust incorporated under the Charities Trust Act 1957.

Registration Number

CC56619

Postal Address

Ward 92 NICU Auckland City Hospital Park Road, Grafton, Auckland 1023

Contact

Email: info@littlemiraclestrust.org.nz

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- in The Little Miracles Trust

www.littlemiraclestrust.org.nz