

Supporting the whānau of premature and unwell babies

## Annual Performance Report Pūrongo ā-Tau







Supporting the whānau of premature and unwell babies

## **Legal and contact information** Mōhiohio Whakapānga, ā-Ture hoki

#### Legal Name of Entity

The Little Miracles Trust

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Entity Type and Legal Basis

The Little Mracles Trust is a Charitable Trust incorporated under the Charities Trust Act 1957.

Registration Number

CC56619

#### **Postal Address**

Ward 92 NICU Auckland City Hospital Park Road, Grafton, Auckland 1023

#### Contact

Email: info@littlemiraclestrust.org.nz

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- in The Little Miracles Trust

www.littlemiraclestrust.org.nz







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# Report from the Board & CEO

Te Pūrongo a te Poari me te Kaiwhakahaere Matua

## ena Lonton Latoa,

We are pleased to present the 2022 Performance Report for The Little Miracles Trust. Looking back over the last 12 months, we are proud of the achievements of our team throughout 2022 in spite of the unique and ongoing challenges the pandemic presented. The stress and trauma felt by whānau having their little one in an intensive care unit is overwhelming without the added pressure of a global pandemic. Thanks to being recognised as an essential service and due to the close relationships with all 23 neonatal units, our operational team have been in the units and available to provide support when needed. This support ranged from face-toface support of whānau through to the safe collection of expressed breastmilk from mothers isolating at home due to having Covid-19 and delivery of this to the NICU.

Our team has grown in terms of numbers which in turn increases the impact of the mahi we do. At the end of 2022 we had Family Support Co-ordinators based in all six tertiary units of Auckland, Middlemore, Waikato, Wellington, Christchurch and Dunedin. This is a significant change from the beginning of the year and signals the importance placed on our mission both by our generous supporters and the teams that work within the units who see us as an extension of their own team.

Following on from research undertaken in 2021, the Trust understood the need to grow awareness of its existence to a wider audience in Aotearoa. The purpose of which is to raise the understanding and knowledge of premature and unwell babies in New Zealand, the experience of their whānau and to raise reliable funds in order to support them during such a difficult start to life. To gain nationwide traction and garner sustainable resources the Trust undertook an extremely successful rebrand which saw the creation of The Little Miracles Trust based on the strong foundation of The Neonatal Trust as it had been previously known. Since the change the Trust has received unprecedented support from the New Zealand media outlets, strengthened existing relationships with partners and gained a larger, countrywide following.



In addition to this, a number of 'firsts' were achieved by the team in 2022:

- our CEO, Rachel Friend, represented the Trust at the annual European Foundation for the Care of Newborn Infants (EFCNI) conference in Munich alongside 31 other global parent organisations. A great opportunity to network and understand the support available to parents around the world.
- we started our 'Listening & Sharing' webinar series where whānau have the opportunity to hear about and ask auestions relating to topics close to their hearts such as baby's development and ongoing neonatal research.
- we were honoured to be the 'Charity Partner' for the Baby Show which enabled us to spread the awareness of the Trusts existence.
- our 'Lighting Up Purple' campaign saw over 40 iconic buildings and monuments light up purple in November for World Prematurity Day on 17 November.
- And we received a 'Highly Commended' award from the Fundraising Institute of New Zealand (FINZ) for our partnership fundraiser with HELL pizza in 2020, with FINZ noting that we're a small charity whose impact punches way above its weight.

Of course none of this would be possible without the unswerving support of our donors, grant-givers, corporate supporters, fundraisers and volunteers. Every single dollar and every hour invested in our cause makes a difference to what we can achieve. All our funding goes direct to supporting neonatal whānau; the 23 neonatal units; striving for advancements in neonatal medicine and the outcomes for the babies born unwell or too soon.

We thank you all for believing in the Trust, for the giving of your time and resources and look forward to another successful year with you in 2023.

Ngā mihi nui

66 He iti te mokoroa nāna te kahikatea i kakati Even the small can make an impact on the big.

# Our Purpose

#### Tō Mātou Pūtake

The Little Miracles Trust is a not-for-profit charity, set up to provide support and resources to parents and whānau going through the stress and anxiety of a neonatal journey.



## **Our Vision** To support all whānau of premature and unwell newborn babies across Aotearoa.

## Our Mission

We are dedicated to making a difficult start to life that little bit easier.

## **Our Promise**

Support for whānau in NICU and SCBU when they need it most.





We're here for a very simple reason.

To make a difficult start to life that little bit easier.

By supporting parents and whānau through a time that no one is prepared for. A newborn surround by monitors and tubes, not hugs and cuddles.

A hospital stay lasting weeks or months, not hours or days. Eyes filled with tears of sadness and worry, not tears of happiness and joy.

These are the times you need someone who knows what you're going through to tell you it's going to be alright.

Someone who can give you the kind of support and resources that will make all the difference.

Someone who can say "We're here for you".

# Our Board of Trustees

#### Poari Matua

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The Little Miracles Trust is governed by a volunteer Board of Trustees who meet a minimum of 4 times per year. The members of our governing body, in the year to 31 December 2022 were:



### Mike <mark>Hartly</mark>

Board Chair Kaihautū Poari

Mike Hartley is an experienced governance professional having been a director of diverse companies since the 1990s. Since selling his business 6 years ago Mike has increasingly focused his portfolio of directorships in the not-forprofit sector. Mike has been a director of Visa, Loyalty New Zealand, Marketview, Cigna Insurance and currently sits on several boards including the Hurricances and Wellington Rugby.



#### Danielle Thompson Trustee Māngai

Danielle's introduction to The Little Miracles Trust was not through her own circumstance, but through seeing friends supported through extremely challenging times who were so appreciative of that support, and mostly that they were made to feel they were not alone. Danielle has a number of years volunteer and governance experience, the majority of which have been in the not-for-profit sector.



## Acacia Cochise, Phd

The whakataukī which guides Acacia's work is, nāu te rourou, nāku te rourou, ka ora ai te iwi, with your food basket and my food basket the people will thrive. Originally from America, Acacia has worked in leadership and governance roles in Aotearoa and internationally across education, youth, community, and inclusion. She currently works as a Community Engagement Manger and is mother to Emrys, born at 28 weeks.



Ellie Wilson Trustee Mānaai

Ellie Wilson is a Taranaki-based lawyer with a particular interest in health and medico-legal issues. Ellie is the parent of a SCBU graduate (32 weeks) and has first hand experience of the difficulties and triumphs that come from life in a neonatal unit, and beyond. She is passionate about continuing the Trust's work of assisting those who now walk this path after her.



Dale Garton ♣ Trustee Māngai

Dale is the Nurse Unit Manager at Starship Newborn Intensive Care Unit where she experiences every day the impact on families when their baby requires intensive care. In this role she works with The Little Miracles Trust advocating for ways to support families. Dale has been a neonatal nurse since 1991 and over this period developed a strong interest in neuroprotective practices to support growing preterm babies in the Neonatal Intensive care setting.



Karen Olver Trustee Māngai

Karen's first experience of the Neonatal Intensive Care Unit came in 2007 when her daughter was born 3 months premature. Karen experienced first-hand how important it was to have support through her journey and to connect with others that could truly understand the highs and lows. Karen first joined the Trust as a volunteer, then later became a trustee.

#### Nicola Coom

♣ Trustee Māngai

Nicola is the Group Director of People and Strategy for Emerge Aotearoa, the Executive Director of Ignite Aotearoa, a Board member for Mind and Body Consultants and a Trustee of the New Zealand Familial Breast and Ovarian Cancer Trust (NZBOC). Nicola also founded The Gift of Knowledge, a charity that provides peer support to whānau impacted by hereditary cancer. Nicola and her husband have personal experience of being parents to a premature baby (29 weeks) and understand well the impact that this experience has on families.

#### Piyush Makan

♣ Trustee Mānaai

Piyush is an experienced finance and management service professional with a passion for helping businesses succeed. Piyush graduated with a MBA from Auckland University of Technology in 2012, majoring in management and marketing. He has a wealth of experience in the finance and insurance industry and is well connected to the accounting and professional services industry professionals. In his current role, Piyush is responsible for leading the strategy and execution of all business development activities across New Zealand for the PwC Tax Pooling Business.

#### Sandra Budd

♣ Trustee

Sandra's passion for neonates was ignited when she specialised in neonatal nursing and went on to lead National Women's Neonatal and Maternity Services. Her belief that parents must be involved in their babies care saw the establishment of a family centered care model, parent to parent support group and Neonatal Homecare Service. With over 30 years Australasian senior management/chief executive experience in health, disability and not for profit's Sandra brings considerable governance experience on Boards, Trusts and Advisory.

#### Steve Allan

♣ Trustee & Treasurer Māngai / Kaitiaki Pūtea

Steve is an experienced business executive having worked in key commercial finance roles in media, technology and renewables sectors in New Zealand, Singapore, the UK and North America. Steve's eldest daughter was born premature at 27 weeks along with her twin brother who succumbed to complications of prematurity at 5 months. Having experienced the turmoil that families with premature babies find themselves in, Steve is passionate about supporting the ongoing impact that The Little Miracles Trust has on these families.













# **Our Operations Team**

#### Tīma Mahi

Light on paid staff but heavy on volunteer commitment and resources, we strive to find the right balance to maximise the support to families and their precious babies.



### **Rachel Friend**

#### 👗 CEO - Kaiwhakahaere Matua

Mum to Rueben born at 24 weeks. Rachel has been a part of The Little Miracles Trust team since 2016. As part of her role at the Trust, Rachel advocates for NICU & SCBU families on a number of panels as a consumer representative and has worked tirelessly to raise awareness about prematurity and the support needed for families.



Justine Brooker & Operations Manager Kaiwhakahaere Mahi

All four of Justine's boys were born early. This has fed Justine's motivation to help others in similar situations. Her passion for The Little Miracles Trust truly developed after the early arrival of her youngest son Harlow, who was born at 24 weeks.



Samantha Bennett 🕈 Fundraising Manager Kaiwhakahaere Kohi Moni

Sam is mum to Ava, born at 34 weeks. Being able to use her marketing and fundraising experience to help families going through the rollercoaster of a neonatal journey was the key reason Sam joined The Little Miracles Trust team.



Robyn Voigt

♣ Finance Manager & Executive Director Kaiwhakahaere Pūtea / Kaitohu

Robyn has been a Chartered Accountant for more than 10 years and is passionate about supporting The Little Miracles Trust as they provided excellent support following the birth of her first child, Sebastian born at 28 weeks.

#### **\*** Family Support Coordinators Kaiwhakahaere Tautoko Whānau

Auckland

• Waikato

Jadey Drury

Pip Kelleher

Elsie, 24 weeks

Frankie, 28 weeks

**Catherine Edwards** 

Zavier & Rico, 30 weeks











Sarah Nair Cole & Cody, 27 weeks • Auckland



/



**Shelley Gorman** Mia, 28 weeks ♥ Dunedin

**Diane Pope** ♣ Support Office Manager Auckland



**Raewyn Carmichael** • Wellington



Oliviera Tavu'i Levi, Ayvana & Eli, 25 weeks Middlemore

# Map of NICU's & SCBU's

Each year, over 5000 babies are cared for in Neonatal Units across New Zealand

## **AUCKLAND NICU**

**MIDDLEMORE NICU** 1,400 babies cared for p.a.

**HAMILTON NICU** 

WELLINGTON NICU 1,000 babies cared for p.a.

**NELSON SCBU** 

#### **GREYMOUTH SCBU**

TIMARU SCBU 60 babies cared for p.a. Level 2 neonatal unit

INVERCARGILL SCBU

**DUNEDIN NICU** 

# Jemma Hartley







WHANGAREI SCBU

Q

**NORTH SHORE SCBU** 350 babies cared for p.a. Level 2 neonatal unit

WAITAKERE SCBU 350 babies cared for p.a.

**TAURANGA SCBU** 

**ROTORUA SCBU** 270 babies cared for p.a.

WHAKATANE SCBU

**GISBORNE SCBU** 180 babies cared for p.a.

**NAPIER/HASTINGS SCBU** 

**NEW PLYMOUTH SCBU** 

WHANGANUI SCBU

150 babies cared for p.a.

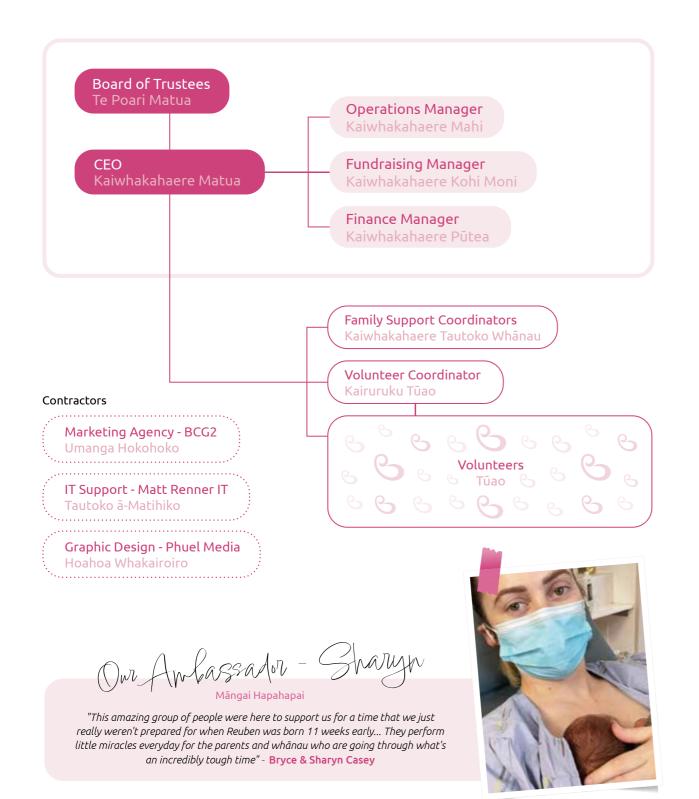
PALMERSTON NORTH SCBU

**MASTERTON SCBU** 100 babies cared for p.a.

LOWER HUTT SCBU

# Our Structure

To Tatou Hanganga









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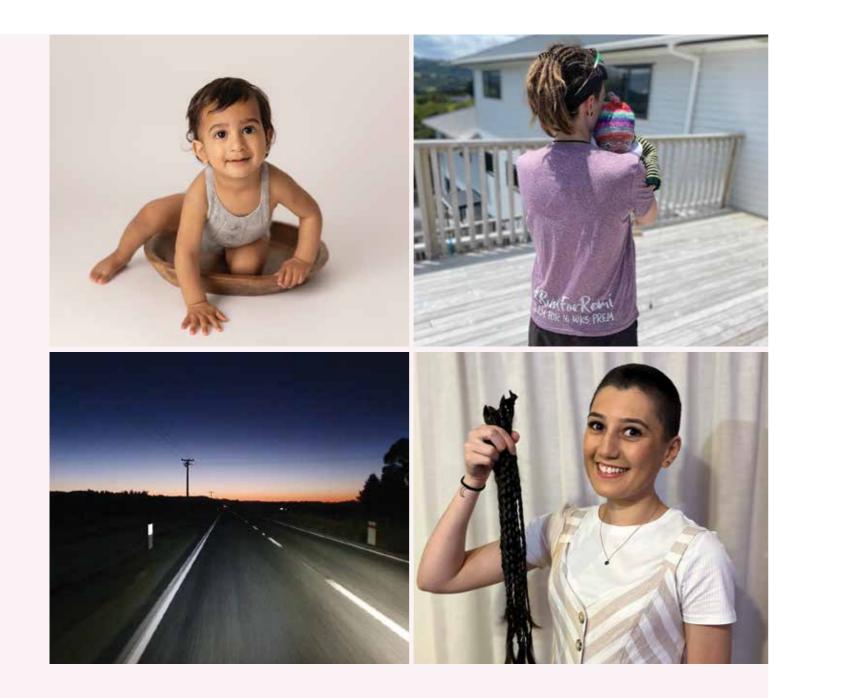




# Fundraiser Profile

#### Kōtaha Kaiāwhina

Here at The Little Miracles Trust, we rely so much on people who have experienced our support first-hand fundraising for us and "giving back" for the love and care they received during their neonatal journey. Here are just a few of the fantastic humans who supported us in 2022...



## Diop

Dion rode "Tour Aotearoa" - a 3,000kms bike ride the length of the country. It took him 26 days to complete, and he raised \$12,000.

"When I turned 50, I wanted to mark the occasion with something EPIC! As I am keen on anything with two wheels, I quickly realised that it needed to be on a bike. After researching various events around the world, I decided to keep it close to home, and settled on doing the Tour Aotearoa. This is a self-supported bike ride from Cape Reinga at the top of the North Island to Bluff at the bottom of the South Island.

As part of this epic adventure, I have the chance to raise some funds for a charity of my choice. As some of you may know our son came into the world 10 weeks early, weighing in at just 2lb 3oz. The support we received from neonatal support groups, such as The Little Miracles Trust, were invaluable to our journey and other parents around us.

Thankfully Zane is now 14 and every bit your normal teenager, but I will be forever grateful to the Trust and would now like to support them as my chosen charity."

## Amy

Amy is widely known as one of Aucklands leading newborn photographers. Specialising in creative newborn photography for over 15 years, Amy has been supporting The Little Miracles Trust for over 3 years by donating the \$49 sitting fee from all her newborn sessions for a beautiful baby book entitled "Tiny Fingers, Tiny Toes... Celebrating New Zealands Babies". This book is now into its 4th edition and Amy has raised over \$15,000 for our small charity, which is just amazing.

Amy says... "I've been photographing babies for over 12 years and have heard so many stories over that time from clients whose babies were in NICU. They raved about the support they received and were overwhelmed that their baby (or babies) was in many cases saved because of NICU. I've also heard many stories of the travel back and forth from NICU, the constant pumping and just the overall tiredness and stress that parents felt whilst baby was in NICU. The Little Miracles Trust is there to support those parents and make the time whilst baby is in NICU that little bit easier.

Photographing babies is a huge passion of mine and my happy place so it made sense for me to create a book doing what I love whilst also donating to such a worthy cause. The response I've had from clients has been amazing. They love that I'm supporting a cause that is so often dear to their own heart.

Thank you, Little Miracles Trust, for all you to do support the parents of NICU babies."





## Joretta

"We were so elated when our firstborn arrived back in 2015, he had been eagerly longed for 5 years. Things took a rough turn within the first few hours of his life when we were discharged to Birthcare and faced with the very real possibility of losing him. Ted had an undetected subgaleal haemorrhage and had to be resuscitated and urgently transferred back to NICU. The days that followed were frightening and traumatic. We will never forget the wrap-around care we received from The Little Miracles Trust. From the moment we arrived right through until discharge, they were there for us - even walking us to the door to cheer us on when it was time to leave."

Loretta dusted off her running shoes after 20 years and ran the Auckland marathon in January 2022. She raised \$3,570 for us after setting an initial fundraising goal of \$1,500.

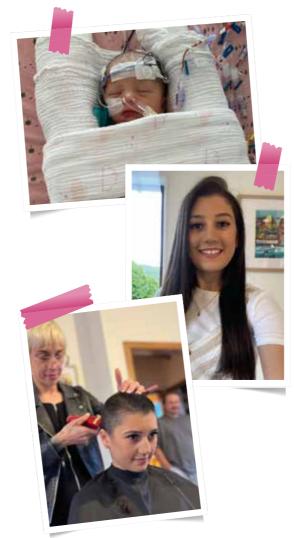
Maryann

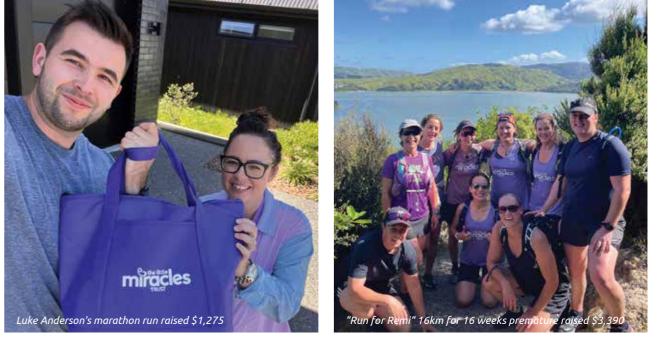
"Our daughter Skye was born at 39 weeks via an emergency c-section due to reduced fetal movement (the cause was unknown as my entire pregnancy was textbook) and weighed 2436 grams. Skye had suspected oxygen deprivation, kidney failure and many other health issues and was rushed from Hutt Hospital to NICU in Wellington. When I got transferred to Wellington for my recovery and to be reunited with Skye, the doctors said Skye would be in for the long haul. They prepared us with information and support that we would get from The Little Miracles Trust during Skye's suspected long stay. It was terrifying and overwhelming.

Skye was swimming in the newborn clothes I had packed in my hospital bag. I envisioned her wearing them in her first moments of being born. A small but very impactful thing was being provided with prem-size clothes for Skye and beautiful woollen hats that fit her tiny head while she was in her hospital cot. A small detail, like fitted clothes for our new baby, made a huge difference, and we were so thankful. Thankfully Skye spent seven days in NICU and then transferred to SCBU for three days before being discharged. Skye will turn two in March 2023 and is fully healthy and thriving. All these gestures and services provided by The Little Miracles Trust make a huge difference for families when their world is flipped upside down.

Since Skye was born, we regularly donate to The Little Miracles Trust. We will continue to do so because the support they provide is crucial. I shaved my hair for my birthday in December 2022 to help raise funds for the Trust. I set a very ambitious goal of \$1000, and with the support of my friends, whānau and even strangers, I raised \$3,100. Like many other parents, we never imagined or prepared for this start to our daughter's life. Knowing that the Trust's service is available for whānau that need it, makes a horrendous time that little bit easier."

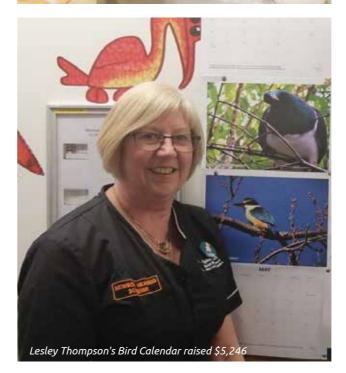








Freya & Brad from Bakers Delight Eastridge raised \$1,900







# Volunteer Profile

#### Kōtaha Kaiāwhina

Volunteers are an extremely important part of our team and are vital for the continued support of neonatal families. We help match valuable skills, interests and availability with one of our opportunities to support others. All contributions, big or small, are welcomed and appreciated!



Sue and an

We spent nearly twenty years supporting local families and young children within our childcare centres, and when we retired we were grateful to have the opportunity to continue this support work through The Little Miracles Trust. I started by knitting and sewing for premature babies, and now we put together the care packs that are given to new mothers in NICU. By doing something hands-on to help we feel as though we are genuinely making a difference for vulnerable mothers and babies, and that's important to us. We've been blessed, and the work of The Little Miracles Trust enables us to share the blessing.

Julie

I am Julie and I am a volunteer for The Little Miracles Trust. One day I saw a call out on their facebook page for volunteer sewers & knitters and thought 'I can do that!'. I now have a team of ladies who produce hundreds of Scent Hearts each year. I also crochet hearts for the Baby Loss Packs and crochet Animals for the 100-day babies. I find this very fulfilling and enjoy it immensely.



**66** The heart of a volunteer is never measured in size, but by the depth of the commitment to make a difference in the lives of others

The Little Miracles Trust has a range of opportunities for volunteers

... the level of commitment is completely up to our wonderful community



DeAnn Hollis



Sarah

My name is Sarah and I have been volunteering for The Little Miracles Trust for the last 6 years. I first became aware of the Trust after the birth of my daughter, Harriet. Harriet had severe intrauterine growth restriction and was born at 36 weeks weighing 1720grams. The care we received was truly wonderful and we feel so lucky that we were in close proximity to the Wellington NICU. I was also personally supported by a lovely Little Miracles Trust worker (Tasia) who came to my rescue with a pump to borrow and lots of kindness. I'm grateful for the opportunity to give back and help other Mums in a similar situation.

I've done a lot of odd jobs and collections but my main contribution has been for World Prematurity Day. My role for the last 4 years has been to co-ordinate the baking shared on World Prematurity Day across the 23 units around New Zealand. This is to support the families currently in units and say a huge thank you to the amazing staff.



# Our Funders & Supporters

#### Ō Mātou Kaitautoko

It is only because of the amazing support we receive from our donors, sponsors, grant providers and supporters that we are able to support the whānau of Aotearoa's premature and unwell babies. Ngā mihi maioha.



#### Major National Sponsors, Donors and **Grant Providers**

The Little Miracles Trust is thankful to have the following amazing partners, sponsors and grant providers who support us nationally.

- The Trusts Community Fund \$100,000
- One Percent Collective \$48,209
- NZ Financial Markets Charity Golf Classic \$41,792
- Lottery Grants Board \$25,000
- Chapman Tripp \$22,000
- Weta Workshop \$21,290
- COGS \$21,190
- World of WearableArt \$17,325
- HELL Pizza 1,400 pizza vouchers for whānau



We would also like to acknowledge the donations from Individuals which in 2022 totalled..

#### Other National or Multi-Branch Sponsors, Donors and Grants Include:

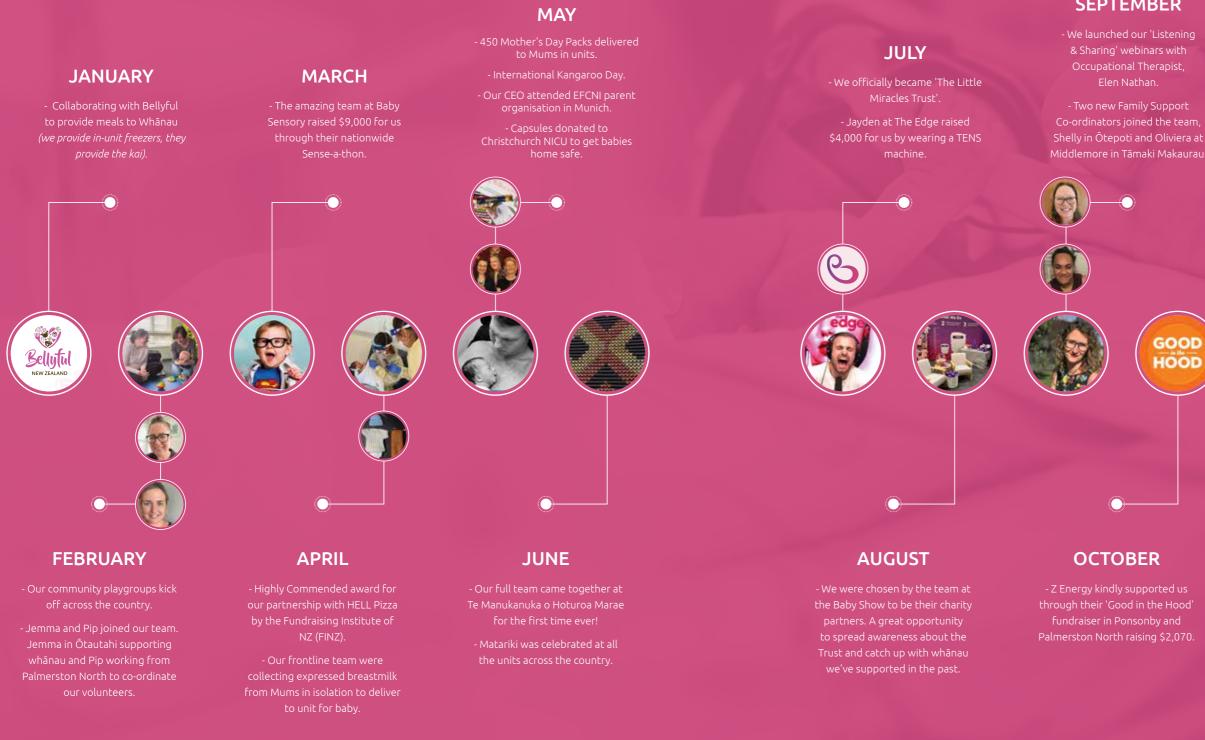
- Cambridge Lions Club \$13,845
- Public Trust \$13,000
- Rata Foundation \$12,594
- Clare Donation \$10,000
- Mätt Solutions \$10,000
- Dorothy Newman \$7,303
- Medical Assurance Society \$6,700
- St Lazarus Trust \$6,000
- Momentum Consulting \$5,000
- Mediaworks \$4,000
- Nikau Foundation \$4,000
- The Good Registry \$3,466
- Wynyard Wood Limited \$2,500
- Pub Charity \$2,422
- Spark Foundation \$2,250
- CBD Energy Trust Good in the Hood \$2,070
- Downer NZ Ltd \$2,000
- NZ Rugby \$1,745
- Rotary Club \$1,351
- Marsden College \$1,242
- New World Howick Heroes \$1,071
- KPMG \$1,026
- New Tech \$1,000
- ROR Ltd \$1,000
- Whakatupu Aotearoa \$1,000
- Lions Club of Middle Districts \$1,000

\$110,000 | hand you

# A Year in the Life

- 20

2022 was an amazing and busy year for the team at The Little Miracles Trust and we would love to give you a quick, brief insight into some of our fabulous work from collaborating with fellow charities such as Bellyful through to fundraisers and days of note!



#### **SEPTEMBER**

GOOD

HOOD

### **NOVEMBER**

- November is a HUGE month for us here at the Trust where we aim to raise awareness about those who spend time in an intensive care unit with their

- This year a record number of landmarks were part of 'Lighting Up Purple'.

- 23 morning teas were coordinated across Aotearoa for over 1.000 people to mark World Prematurity Day on 17

- Our team were honoured to attend the Neonatal Nurses College of Aotearoa (NNCA) great opportunity to connect and learn.

### DECEMBER

- 450 Christmas packs were packed, wrapped and delivered. One for every whānau spending

- Diane, joined us in Tāmaki Makaurau as a Support Office Manager based at Auckland NICU.

# Whānau Stories

#### Ngā Kōrero a te Whānau

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A huge thank you to these families for their kind words and for bravely sharing their story of a neonatal journey. It keeps us motivated knowing that the support we provide these whānau with when they need it most does make a difficult start to life that little bit easier.

Sam

Thank you Little Miracles Trust, and specifically Diane, at the Auckland Hospital NICU branch.

My son was born at 27 weeks, and had quite a turbulent NICU stay. Over the 113 days he was there, he had multiple infections, a couple of surgeries, and looking back, we are so lucky that he is still with us.

During the hardest times of our lives, something that I will always remember was the support given to us by Diane and Little Miracles.

From the moment we arrived in NICU, Little Miracles brought a bit of light during hard times - little presents / gifts at the bedside, smiling faces each morning when we arrived at the hospital, a shop with all the things we may need, and the knowledge that they were there to support us and understand our journey.

When my husband and I got Covid and couldn't visit our boy, Diane was there reading to him each day. And the most helpful of all - the support group morning tea, where Little Miracles provided a supportive space for mum's to come together, eat tasty treats and listen to and share our stories.





In a place where it was difficult to break barriers and felt so lonely, this enabled me to get to know other mums and feel less alone in this journey - people you would smile to when passing now became friends who understood and in this impossible situation, that was exactly what I needed.

So thank you - because as unimaginably hard as this journey was - The Little Miracles Trust (and Diane) made it that little bit easier!



We were looked after so well by Jen, Gina and Sarah

they consistently made sure we had everything we needed... this made such a diffference





Just wanted to pass on that my experience of both the in unit team in NICU and the Playgroup team has been amazing and our journey would have been a much more difficult one without them.

We were looked after so well by Jen, Gina and Sarah while in hospital. They consistently made sure we had everything we needed, helped Matt sort out our faulty pump, brought me food and supplies and many times offered a supportive ear after the loss of our twin boy and while our girl kept battling, this made such a difference. (in fact once transferred to Middlemore we really missed the presence of the Trust, it was a noticeable hole in our days).

Playgroup has been fantastic. It took 2 months post discharge for Lexi to see the developmental therapist, and over 4 weeks later we still don't have a follow up appointment as the system is so overloaded and availability is so low. For the last 4 weeks, being able to discuss progress and get tips from Janet at playgroup has seen Lexi become so much stronger and it finally feels like she is making progress! So thankful we can utilise that amazing service.

Thanks for all the work you and your team do.



Inglid

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The Little Miracles Trust showed me the most extraordinary support while my 10 week pre-term and small for gestational age (SGA), baby girl was in NICU.

Only 11 days after her birth, my partner got covid and needed to recover away from me and our home. I didn't know what to do, she needed me but I was recovering from a cesarean and had no way to get into the hospital each day.

It felt like I couldn't think straight under the stress of having my first baby in intensive care, being so vulnerable and helpless, along with the overwhelming pressure of her total reliance on me, sometimes it's simply too hard to ask for help.

Diane and Catherine from the Trust just made things happen around me.

They arranged transport for me to and from the unit, as well as pre-made frozen meals to make solo home-life easier after 12 hour days in NICU. These are just some of their many initiatives to support families during such stressful and testing times.

It truly was a horribly challenging time with the burden made lighter by the wonderful ladies at The Little Miracles Trust, I don't know how I would have coped without their support.







with the burden made lighter by the wonderful ladies at The Little Miracles Trust, I don't know how I would have coped without their support















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## \$61K n 🛈 **D**

ON FURNITURE AND EQUIPMENT IN UNITS

Headsets, freezers, baby baths, recliner chairs, sterilisers, sound ears, breastpumps, pulse oximeters

WE RAN 121 PLAYGROUPS =180 HRS Α with Occupational or Physio С Therapists





## 5,500 \*\*\*\*\*\* PEER SUPPORT HOURS





We were only able to acheive this because of the phenomenal support & sponsorship received from businesses, charitable trusts and individuals in our wonderful New Zealand community.

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# Approval of Performance Report

The Little Miracles Trust For the year ending December 2022.

The Board of Trustees are pleased to present the approved Performance Report including the historical Performance Report of The Little Miracles Trust for the year ending Decmeber 2022.

The Trustees are soley responsible for the information contained in this financial report and have determined that the accounting policies used are appropriate for the purpose that the Performance Report is prepared.

MA

**Mike Hartley** Chair of the Board

31st December 2022

RUngo **Robyn Voigt** 



Treasurer

31st December 2022

## **Entity Information**

'Who are we?' and 'Why do we exist?'

#### The Little Miracles Trust

For the year ended 31 December 2022

#### Legal Name of Entity

The Little Miracles Trust (formally The Neonatal Trust).

#### **Entity Type and Legal Basis**

Trust and Registered Charity

#### Entity's Purpose or Mission

The Little Miracles Trust exists to make a difficult start to life that little bit easier for families of premature and or sick full-term babies as they make their way through neonatal care, the transition home, and onwards.

#### **Entity Structure**

The Little Miracles Trust is a registered charity in New Zealand (CC56619).

The Trust is governed by a board of trustees who meet and communicate face-to-face, over email and through the appropriate use of technology (phone-conferencing and video-conferencing).

The Trustees for the 2022 financial year were Mike Hartley (Chair), Sandra Budd (Deputy Chair), Karen Olver, Nicola Coom, Danielle Thompson, Robyn Voigt, Piyush Makan, Steven Allan, and Dale Garton. Ellen Benton and Acacia Cochise joined as trustees in March 2022.

The day-to-day running of the Trust is led by Rachel Friend as CEO, alongside a team of Family Support Co-ordinators spread throughout Aotearoa, as well as a Fundraising Manager and Operations Manager.

All of these roles are part-time with broad and collective responsibilities. These roles cover all aspects of our operation: governance, strategy, financial management, marketing, events, fundraising, volunteer management, developing support material, and more.

We are proud to have a model that is light on paid staff and heavy on volunteer commitment and support. The expert advice, skills and experience provided by our trustees, volunteers and supporters make a big contribution to keeping our operating costs down and helping us to better support neonatal families.

The wider neonatal and social profit community provides hundreds of volunteers who contribute with donating knitting, sewing, time with public collecting, design services, newsletter editing, baking and much more.

In addition to this, we receive wonderful support from a number of very generous organisations.

#### Main Sources of the Entity's Cash and Resources

The Little Miracles Trust receives it's funding from a variety of different sources, including donations from the public and companies, fundraising events that we run ourselves plus those where we are the cause being supported and through grant applications.

The Trust does not receive any funding from the government.

#### Main methods used by the Entity to Raise Funds

See page 19 for a full list of supporters.

The Little Miracles Trust receives its funding from a number of different sources such as:

- We have been the successful applicants and recipients of grants from organisations such as The Nikau Foundation, COGS, Dorothy Newman Grant and NZ Lottery Grants, Pub Charity, Public Trust - (Thomas George McCarthy Trust and the The Estate of Helen Stewart Royale Charitable Trust) Tauranga Rotary Club, Trusts Community Fund, Cambridge Lions Club, Rata Foundation, St Lazarus Trust, Lions Club of Middle Districts.
- Our unique incubator donation boxes which are hosted at a variety of locations such as New World stores, Pak'n'Save, shopping malls, airports and other businesses.
- Direct donations from individuals as well as through the amazing One Percent Collective and The Good Registry.
- Additionally a number of amazing organisations who value the work of the Trust such as HELL Pizza, Weta Workshop, Mojo Coffee, The Baby Factory, The Mediaworks Foundation, Clare Foundation, Chapman Tripp, Downer NZ, Matt Solutions, Medical Assurance Society, Momentum Consulting, Wynyard Wood Ltd and the NZFMA who have made significant donations during 2022.
- as well as an online shop which falls under this entity.

#### Entity's Reliance on Volunteers and Donated Goods or Services

Donated goods and services play a vital role in the delivery of our support.

Our key volunteers help with admin support and writing/designing for our website, newsletters and social media, which helps us raise awareness. These expert volunteers ensure we can run at a professional level without having the costs of extra team members or contractors.

We also receive ongoing generous pro-bono support for:

- Legal services from Bell Gully
- Information technology services from Matt Renner
- Printing and storage services from Orangebox

#### Additional Information

There are over 5,000 premature babies born every year in Aotearoa New Zealand - one baby EVERY 90 minutes!

The Little Miracles Trust is a charitable trust and relies heavily on cash sponsorship, value-in-kind support and donations to deliver our much-needed services.

We thank all of our incredible Partners and Supporters for their ongoing and generous assistance. Without their help, we could not provide our support to families of premature or sick full-term babies as they make their journey through neonatal care, the transition home, and onwards.

The wider neonatal community is large and is made up of individuals who are all consumers and in many cases business owners or in charge of purchasing decisions. Where possible, it would be great if you could consider supporting the great organisations who support us.

#### Postal Address

NICU Auckland City Hospital, Park Road, Grafton, Auckland 1023

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There is a revenue stream from the sale and hire of goods via the offices based in the Auckland and Wellington NICUs

## **Statement of Financial Performance**

'How was it funded?' and 'What did it cost?'

#### The Little Miracles Trust

For the year ended 31 December 2022

	N	2022	2024
Account	Notes	2022	2021
		\$	\$
Revenue			
Donations, fundraising and other similar receipts	1	409,442	385,440
Receipts from providing goods or services	1	453,772	359,440
Interest, dividends and other investment receipts		1,790	302
Cash receipts from other operating activities	1	4,110	42,089
Total Revenue		869,115	787,272
Expenses			
Expenses related to public fundraising	2	107,381	32,952
Volunteer and employee related costs	2	418,836	367,453
Costs related to providing goods or service	2	334,265	263,093
Grants and donations made	2	24,854	5,783
Other expenses	2	77,708	62,186
Total Expenses		963,043	731,467
Surplus/(Deficit) for the Year		(93,928)	(55,806)

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#### 'What the entity owns' and 'What the entity owes'

### The Little Miracles Trust For the year ended 31 December 2022

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#### Assets

**Current Assets** Bank accounts and cash Debtors and prepayments Inventory Other Current Assets **Total Current Assets** 

Non-Current Assets Property, Plant and Equipment **Total Non-Current Assets** 

#### **Total Assets**

#### Liabilities

**Current Liabilities** Creditors and accrued expenses Employee costs payable Income in Advance Other current liabilities

**Total Current Liabilities** 

#### Total Assets less Total Liabilities (Net Assets)

#### Accumulated Funds

Accumulated funds

**Total Accumulated Funds** 

This statement should be read in conjunction with the attached Compilation Report and notes to the performance report.

### nancial Position

Not	es	2022	2021
		\$	\$
		370,238	508,722
		37,359	2,543
		34,872	44,815
	3	4,263	3,217
		446,732	559,297
	_		
	5	12,698	22,224
		12,698	22,224
		459,430	581,521
	4	19,930	19,740
	4	35,176	48,382
	·	60,375	74,974
	4	3,820	4,368
		119,302	147,464
		340,128	434,058
	6	340,128	434,058
		340,128	434,058

### Statement of Cash Flows

'How the entity has received and used cash'

#### The Little Miracles Trust

For the year ended 31 December 2022

Account	2022	2021
	\$	\$
Cash Flows from Operating Activities		
Donations, fundraising and other similar receipts	394,843	456,232
Receipts from providing goods or services	428,899	306,512
Interest, dividends and other investment receipts	1,790	302
Cash receipts from other operating activities	4,110	43,570
GST	(1,046)	9,854
Payments to suppliers and employees	(873,496)	(629,648)
Donations or grants paid	(24,854)	0
Cash flows from other operating activities	(65,639)	(50,210)
Total Cash Flows from Operating Activities	(135,392)	136,613
Cash Flows from Investing and Financing Activities		
Repayment received on loans made to other parties	0	0
Payments to acquire property, plant and equipment	(3,092)	(6,030)
Loans made to other parties	0	0
Cash flows from other investing and financing activities	0	0
Total Cash Flows from Investing and Financing Activities	(3,092)	(6,030)
Net Increase/(Decrease) in Cash	(138,484)	(130,583)
Bank Accounts and Cash		
Opening cash	508,722	378,139
Closing cash	370,238	508,722
Net change in cash for period	(138,484)	130,583

**Statement of Accounting Policies** 

'How did we do our accounting'

The Little Miracles Trust For the year ended 31 December 2022

#### **Reporting entity**

The reporting entity consists of The Little Miracles Trust ("Trust"). The Trust registered as a Charitable trust under the Charitable Trusts Act 2005 on 24 April 2019.

#### **Basis of Preparation**

The Little Miracles Trust has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses of equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting.

The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

#### Revenue

Fundraising, grants and donations are accounted for depending on whether or not a "use or return" condition is attached to those grants.

Where no use or return conditions are attached, the revenue is recorded as income when the cash is received. Where income includes a use or return condition, it is initially recorded as a liability on receipt. The income is then subsequently recognised within the Statement of Financial Performance as the performance conditions are met.

#### **Bank Accounts and Cash**

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 90 days or less.

The Little Miracles Trust aims to hold the equivalent of six months average budgeted operating expensesplus a 10% buffer as cash reserves in the bank. These cash reserves have been purposely accumulated to provide a safety buffer for future service costs related to the paid roles within the charity and other operating costs.

#### Goods and Services Tax (GST)

The entitiy is registered for GST. All amounts are shown exclusive of Goods & Services Tax (GST), except for accounts receivable and accounts payable which are shown inclusive of GST.

#### **Fixed assets**

Fixed assets are recorded at cost less accumulated depreciation and impairment losses. Depreciation of fixed assets is calculated to write off the cost price of the assets at rates calculated to reduce net book value of the asset to its estimated residual value by the end of probable life.

This statement should be read in conjunction with the attached Compilation Report and notes to the performance report.

This statement should be read in conjunction with the attached Compilation Report and notes to the performance report.

## Notes to the Performance Report

### The Little Miracles Trust For the year ended 31 December 2022

#### Depreciation

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Depreciation is charged to the income statement at the same rate as allowed by the Income Tax Act 2007.

The following rates have been used:

Office equipment 40.0 - 60.0% diminishing value Plant and equipment 7.0 - 67.0% straight line

#### Receivables

Receivables are stated at estimated realisable value. Bad debts are written off during the period in which they are identified.

#### Income Tax

The Little Miracles Trust has been approved as a charitable trust that qualifies for a tax exemption and donee status under Section CW 42 of the Income Tax Act 2007. Tax receivable balances are recognised when there is resident withholding tax due to be refunded.

#### **Changes in Accounting Policies**

There have been no changes in accounting policies. Policies have been applied on a consistent basis with those of the previous reporting period.

#### Contingent liabilities

There are no contingent liabilities at balance date. (2020: nil)

#### Account

#### 1. Analysis of Revenue

#### **Fundraising Revenue**

Donations received - Payroll giving Donations received - Individual or corporate donations Grant funding received - Restricted funds Fundraising - Income

#### **Total Fundraising Revenue**

#### **Revenue from Providing Goods or Services**

Revenue from providing goods or services - Restricted funds Breast pump hire - Income Breastfeeding equipment - Sales Clothing - Sales Donated goods - Sales Other hireage - Income Publications - Sales Sundry merchandise - Sales

**Total Revenue from Providing Goods or Services** 

Other Revenue

Other income - COVID-19 wage subsidy

**Total Revenue from Providing Goods or Services** 

	2022	2021
	\$	\$
	1,314	243
	320,904	379,153
	35,777	4,384
	51,447	1,660
	409,442	385,440
5	196,488	27,366
	51,239	62,447
	98,359	137,419
	40,510	50,745
	43,553	53,121
	670	730
	5,877	9,950
	17,076	17,662
	453,772	359,440
	4,110	42,089
	4,110	42,089

This statement should be read in conjunction with the attached Compilation Report and notes to the performance report.

Account	2022	202
	\$	
2. Analysis of Expenses		
Expenses Related to Public Fundraising		
Advertising	21,444	27
Fundraising Expenses	6,075	67
Marketing Communications	79,862	32,00
Total Expenses Related to Public Fundraising	107,381	32,95
Volunteer and Employee Related Costs		
ACC	854	86
Management fees and expenses	6,730	29,89
Staff Professional Developent	374	4
Staff Travel and Parking	11,701	5,98
Wages	399,178	330,66
Total Volunteer and Employee Related Costs	418,836	367,45
Costs Related to Providing Goods or Services		
Cost of sales	104,540	117,71
Breastpump hire - rental costs	16,417	21,14
Providing furniture for families in NICU	37,766	26,43
Providing neonatal equipment for NICU	40,562	32,50
Supporting families to care for their babies or children	134,979	65,29
Total Costs Related to Providing Goods or Services	334,265	263,09
Grants and Donations Made		
Supporting neonatal research & development	15,000	3,04
Supporting neonatal staff - professional development	9,854	2,74
Total Grants and Donations Made	24,854	5,78
Other Expenses		
Bank Fees	4,013	3,44
Board Expenses	3,509	3,33
Depreciation	8,237	12,01
EFTPOS expenses	2,342	2,24
General expenses	3,847	4,44
Information systems - IT infrastructure	13,854	13,48
Loss on disposal of assets	4,380	
Postage and frieght	9,815	7,06
Printing and stationery	23,265	14,14
Storage	4,446	2,01
Total Other Expanses	77 709	67 10

#### Account

#### 3. Analysis of Assets

Debtors and Prepayments

Debtors

Prepayments

**Total Debtors and Prepayments** 

Other Current Assets

GST

**Total Other Current Assets** 

#### 4. Analysis of Liabilities

**Creditors and Accrued Expenses** Accounts Payable

#### **Total Creditors and Accrued Expenses**

Employee Costs Payable

Accrued Leave Liability Accrued Wages PAYE Payable

#### Total Employee Costs Payable

**Other Current Liabilities** Bonds Held - Hire Equipment Unit Funds Held in Trust

**Total Other Current Liabilities** 

Total Other Expenses

77,708 62,186

2022	2021
\$	\$
33,252	581
4,107	1,962
37,359	2,543
4,263	3,217
4,263	3,217
19,930	19,740
19,930	19,740
	-
35,176	30,257
0	11,396
0	6,729
35,176	48,382
	- <b>,-</b>
3,648	4,200
168	168
3,816	4,368
5,010	4,308

Account	2022	2021
	\$	\$
5. Property, Plant and Equipment		
Office Equipment and Website		
Office equipment and website owned	13,608	13,094
Accumulated depreciation - office equipment and website owned	(9,874)	(6,744)
Total Office Equipment and Website	3,734	6,350
Plant and Equipment		
Plant and machinery owned	86,371	92,497
Accumulated depreciation - plant and machinery owned	(77,407)	(76,623)
Total Plant and Equipment	8,964	15,874
Total Property, Plant and Equipment	12,698	22,224
Refer to the supplementary schedule at the back of this report for further informat	ion on property, plant and	equipment.

#### 6. Accumulated Funds

Accumulated Funds Opening Balance	434,058	378,252
Surplus/(deficit) for the year	(93,928)	55,806
Total Accumulated Funds	340,130	434,058

#### 7. Commitments

There are no commitments as at 31 December 2022 (2021: nil).

#### 8. Related Parties

The Trustees have not received any amounts from the Trust (2021: nil).

#### 9. Events After the Balance Date

There are no events that have occurred after the balance date that would have a material impact on the Performance Report. (2021: Nil)

#### 10. Ability to Continue Operating

The entity will continue to operate for the foreseeable future.

The Trust continues to adopt the going concern basis in preparing its financial statements.

## **Statement of Service Performance**

## For the year ended 31 December 2022

#### **Description of Entity's Outcomes**

#### The Little Miracles Trust has three objectives:

- which includes providing practical, financial or emotional help.
- 2. Assist the NICUs & SCBUs in practical ways such as purchasing or contributing to the cost of equipment and furniture and funding for staff to attend neonatal educational seminars or other professional development.
- 3. Aid neonatal-related medical research.

Our support is provided to neonatal families in a range of different ways to reduce their stress and enhance outcomes for their babies. This included the delivery of Support and 'Pick-me-up' packs, sourcing and sharing of personal stories, development of support resources, and delivery of equipment for the neonatal units. In addition, we have helped to advance neonatal research through the sourcing of research participants and direct funding of research programs.

The last 12 months for the Trust has seen a real need for our support and reach due to families being separated from their babies during lockdowns, making an already difficult time even more stressful. We diversified our offering to be available online support 24/7 and have necessary equipment delivered direct to families at home.

#### Account

#### Description and Quantification of the Entity's Output

Support packs delivered to families - whole or in conjunction v Mother's Day 'Pick-me-up' packs provided Father's Day 'Pick-me-up' packs provided Neonatal Secret Santa 'Pick-me-up' packs

'What did we do?' and 'When did we do it?'

The Little Miracles Trust

1. Supporting parents by helping them in whatever way we can to get through what is usually a very traumatic time,

	2022	2021
	\$	\$
ts		
with others	3,500	3,000
	450	450
	450	450
	450	450

This statement should be read in conjunction with the attached Compilation Report and notes to the performance report.

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#### Addditional Output Measures

While the numbers presented in this return are a guide, it is important to note the nature of our operation means that context to provide additional insight is useful.

We are an organisation light on paid staff (2 full time and 10 part-time staff) and heavy on volunteer commitment and energy.

The cost of these staff, and others on short term contracts (as required), and the necessary services and tools (storage, IT, courier costs, etc) enable a great deal of support. However, apart from the cost, much of the support activity is not captured in the financial accounts - as we are able to source donated items and services as 'value in kind'.

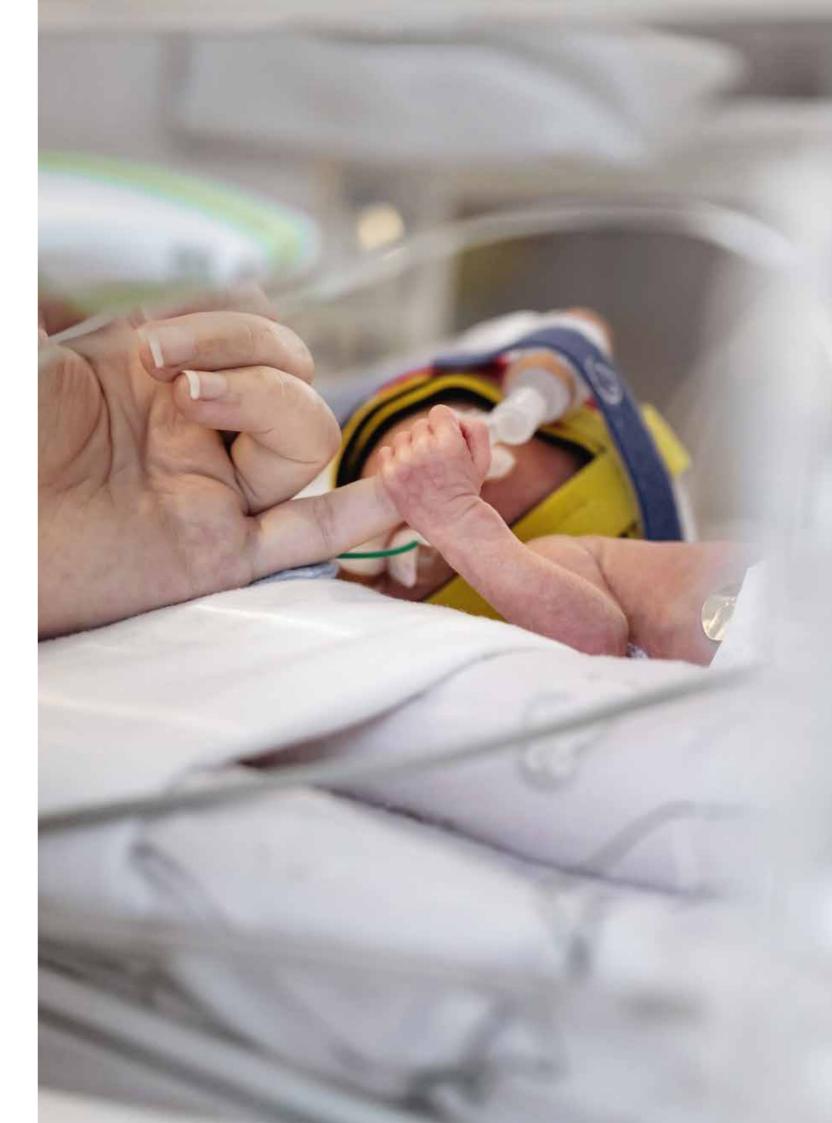
"These pumps are really good. When I had my son at 29 weeks and was stuck in Wellington NICU and Nelson SCBU for 12 weeks they were a life saver... literally. I had to make one my best friend for that time. It also stopped me from being home sick with the thought of "going off to the milking shed. Thank you so much"

"These packages were so thoughtful and appreciated while we went through our journey recently"

"Love this! Still have my journal for Hudson that I wrote in everyday of his 3 month stay"  $\,$ 

- Community feedback

This statement should be read in conjunction with the attached Compilation Report and notes to the performance report.





littlemiraclestrust.org.nz

