

The latest news and updates from [The Neonatal Trust](#).
We are dedicated to making a difficult start to life that little bit easier.



Welcome to our May 2019 newsletter!

Sunday 12th of May is Mothers Day. We wish all mums a wonderful day, filled with sleep ins, breakfast in bed, loads of cuddles and some quality family time. If you're in one of NZ's neonatal units at the moment, know we're thinking of you and whilst it's not the place you'd expected to be, it's the best place for your baby - Wishing you an extra special Mothers Day this year.

In this newsletter you can read all about our new milestone cards, designed to help families celebrate key moments during their time in neonatal care. You can also find out about where you can grab some delicious gingerbread 'Have a Heart' cookies and support The Neonatal Trust (watch out for the new design this year!). Also check out the latest news, learn about our support resources plus see what's happening around the regions (and more).

**** Can you help us to spread the word? **** To help with our awareness raising, please pass this newsletter on to those who have an interest in the neonatal community. They can quickly and easily sign up to receive it directly - details [here](#) and at the end of this newsletter. **Thanks in advance!**

Neonatal News



Click on the links below for a selection of some of the great content recently added to our website:

- Learn what difference the new [Giraffe Shuttle](#) will make to neonatal babies thanks to NZ Financial Markets Charity Golf Classic
- Read all about the [World's tiniest boy](#), born at just 258gms who finally gets to go home
- See how a new invention from Waikato, the [Pepi Splint](#), could prevent infections in premature babies
- Be amazed at these gorgeous [thriving triplets](#) who have recently turned 5 and discover why their mum's about to take on the Hawkes Bay marathon.

You can read these items, and more, by heading to our [news section](#), which is updated regularly by a great team of volunteers. Also, keep in touch with us on [Facebook](#), [Twitter](#), and [Instagram](#).



Our support is delivered in a range of different ways, with examples including:

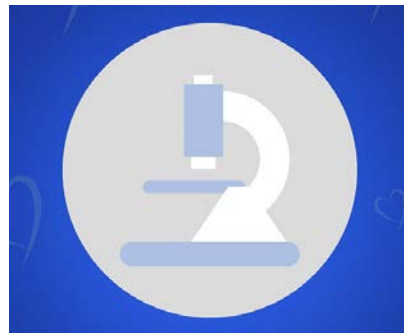
SUPPORTING RESEARCH

Supporting neonatal-related medical research is one of the three core objectives of The Neonatal Trust. Through understanding more and enhancing clinical care, the wellbeing of thousands of future Kiwi babies will be enhanced.

Our support of research occurs in a range of different ways, including:

- Helping to raise awareness and find research participants
- Direct financial support to help research occur
- Working with organisations to help enable more research

To learn more, please head to [this page](#).



SUPPORT RESOURCES

Through survey feedback, working with clinicians and partners (such as [Baby Sensory](#)) plus with the support of clinicians and some great volunteers, we're enhancing our [support information and resources](#). We're actively working on more, to join these:

- [Health and Wellbeing \(Think REF\)](#)
- [Your Emotions](#)
- [Tips for Dad's](#)
- [Reading to your Baby](#)
- [Kangaroo Cuddles](#)
- [The Benefits of Knitting](#)
- [Lactation cookies recipe](#)
- [Bonding with your Baby](#)
- [Glossary](#)
- [Sensory Processing](#)
- [Supporting Development](#)

As with everything we do, feedback and suggestions are welcome. Please send through your thoughts to info@neonataltrust.org.nz.



EMPOWERING PARENTS

New Milestone cards!

To help neonatal families to celebrate key milestones, we've developed a set of [Milestone cards](#) to use with special photos during your journey. They cover a range of achievements such as reaching weight milestones, special firsts such as bathing, kangaroo cuddles, and more. If you are currently in a neonatal unit, to access the cards ask the neonatal unit team in your NICU or SCBU.



In addition to the milestone cards, our aim is to provide hope to those on a neonatal journey. As part of this we:

- have provided every NICU and SCBU copies of our [Famous Prens](#) and [Think REF](#) posters
- are big on sharing [personal stories](#). A tremendous amount of positive feedback is received from families in a neonatal unit who read these stories and feel strength, hope and positivity knowing that they are not alone going through these experiences and feeling certain emotions
- look to celebrate key milestones. An example of this being our Graduation certificates which celebrate going home for the first time after a neonatal journey. To see more details and to download your free keepsake, follow [this link](#).



Can you help? We're always looking for more parents to share their stories. If you would like to learn more, please email us on info@neonataltrust.org.nz

In the regions

There's a lot of great work happening across New Zealand. Check out details of coffee groups, play groups and other activity [on this page](#)

General support

Our support of neonatal families is provided in a range of different ways - examples can be viewed in [this gallery](#).



The Neonatal Trust is again privileged to have the support of [Mojo](#) who are selling our 'Have a Heart' gingerbread cookies!

Made by the great team at [Molly Woppy](#), this year they come with a whole new look so be sure to keep your eyes peeled. Three cookies to each pack, one pink and one blue (to match our logo) and also

one purple - if you didn't know, purple is the colour signifying prematurity.

These are on sale in May, the month of Mothers Day and are also available from the fabulous team at [The Body Shop](#) who are supporting The Neonatal Trust with their Action Stations raising awareness during this month.

Thanks [Mojo](#) and [The Body Shop](#)!



Thanks to some generous sponsors we are running a raffle that spans our recently held Wellington Home & Garden Tour and Mother's Day 2019. Tickets are just \$3.00, if you'd like to purchase some please contact info@neonataltrust.org.nz. The prizes are not location specific and full details can be found [here](#)

1st Prize

A beautiful and specially designed Rose Gold, Diamond and Pearl Necklace valued at \$1,000.

With thanks to Victoria and Kirstin at TORY & KO. Jewellers www.toryandko.com

2nd Prize

Two beautiful prints donated by Juliet Best and Jane Blackmore from Blackmore & Best Gallery, generously framed by Art for Arts Sake.

With thanks to Jane Blackmore & Juliet Best

www.julietbest.com | www.janeblackmore.com | www.afas.co.nz

3rd Prize

Stansborough baby boxed set

The perfect gift for a new baby - a gorgeous Stansborough gift pack in Tropic Green. Includes a woven cot blanket, knitted buggy blanket and matching knitted beanie, all boxed and beautifully wrapped.

With thanks to Stansborough www.stansborough.co.nz

4th Prize

A 3 month subscription of Mojo signature blend coffee delivered straight to your door (or office), a Mojo Keep Cup and Keep It Fresh tin.

With thanks to Mojo www.mojo.coffee

The raffle will be drawn under Police Supervision at TORY & KO. Jewellers, Old Bank Arcade, Wellington

on Thursday 23rd May. Winners will be notified by telephone. Results will be published on www.neonataltrust.org.nz on Friday 24th May 2019.

*** Can you help? ***

We are looking for supporters to help us sell tickets.

If you are interested please contact us on info@neonataltrust.org.nz and we'll be in touch with further details.

A very special
KEEPSAKE

TORY & KO.
JEWELLERS



TORY & KO. Jewellers have worked closely with The Neonatal Trust over the past ten years to raise funds to support neonatal babies and their families with their journey. Pearls have been donated over the years - the pearl being symbolic of bringing good health and fortune to children. Continuing this theme and to celebrate their continued support a special TORY & KO. Pearl and Sapphire pendant has been created. Combined with either Pink or Blue Sapphires, and set in Sterling Silver, the pendant features a luminous Freshwater Pearl drop and would make the ideal Mother's Day gift.

Purchase a necklace for a special new mother with for \$200, and \$100 will be donated to The Neonatal Trust. You can learn more about, and purchase this extremely special piece of jewellery, [here](#)

Our heartfelt thanks go to Victoria and Kirstin at [TORY & KO. Jewellers](#) for their ongoing support of The Neonatal Trust.



2019/20 ENTERTAINMENT BOOKS

The new Entertainment Books are now available to purchase - in either digital or hard copy through the following link: www.entertainmentbook.co.nz/orderbooks/1083k31

Or, if you are in Auckland or Wellington, you can get one from:

- The Neonatal Trust shop on Level 4 of Wellington Hospital (just inside the main NICU entrance), or
- The Neonatal Trust shop on Level 9 of Auckland Hospital (just before the main NICU entrance).

\$13.00 goes to The Neonatal Trust from each membership sold. so please share the link and details with your friends, family and workmates.



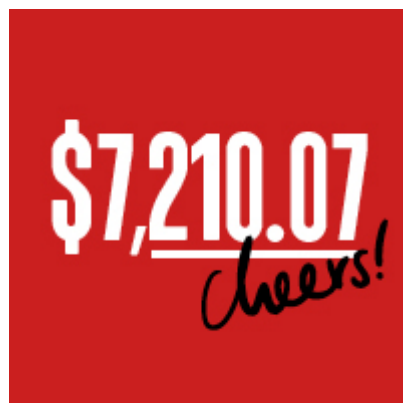
We can't provide our support without the interest and help of some wonderful people, volunteers and organisations. Where possible, please do look to support those who support The Neonatal Trust.

ONE PERCENT COLLECTIVE

The Neonatal Trust is privileged to be a Partner Charity of [One Percent Collective](#) who enable the regular giving of generous people to The Neonatal Trust.

Our generous and caring One Percent Collective donors raised an incredible \$7,210.07 for the January-February-March 2019 quarter!

A HUGE thanks to all that made this possible (1% donors, staff, sponsors, volunteers). We have a large number of donors giving to The Neonatal Trust through One Percent Collective - and wonderful their model means we receive 100% of the funds to



help neonatal families. (through the help of their sponsors and 'Future 50').

With advances in neonatal research helping enhance the clinical care of thousands of future neonatal babies, we'll be using a making a donation to support [world leading neonatal research](#) using a portion of these funds.

Check out the great One Percent model here: www.onepercentcollective.org #giveapercent

A range of ways to help

Through a range of great supporters, there are a number of different ways you can support families going through the stress and anxiety of a neonatal journey. From helping to spread awareness of our Support resources, through to regular giving through One Percent Collective, and more. Click on an image below to learn more . . .



One Percent Collective

Learn more >



Support Resources

Learn more >

Donate

Safely and securely through our website

Click here >



Support us through The Good Registry

Learn more >



Help spread the word

Connect
& keep updated

✉️ 🐦 📘

We're keen to reach as many supporters as possible. If you know someone who has had a neonatal experience, but doesn't receive this newsletter directly, please tell them to head to neonataltrust.org.nz/connecting to sign up.

We're also active on social media and will be using this to keep everyone up to date on our activity. Follow us on [Facebook](#), [Instagram](#) and [Twitter](#).

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